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## Supplemental material

### *The invitation letter's description of the potential advantages and disadvantages of prostate cancer testing (Version 4.0, January 2025)*

There are both advantages and disadvantages of getting tested regularly for prostate cancer. Here you can read about some of the most important ones. You can read more about PSA testing and prostate cancer at [www.1177.se](http://www.1177.se).

#### **Advantages**

- Prostate cancer is easier to find early if you get tested regularly.
- If the doctor finds a dangerous prostate cancer, you will get treatment right away. In this case it is usually possible to cure the disease, and you can get well again.

#### **Disadvantages**

- Sometimes you do not need treatment for prostate cancer. For example, if the cancer is growing slowly. In this case the cancer may be harmless. This is common. You may feel uncomfortable about being aware of the cancer.
- You may also get treatment although this was not really necessary. The treatment may cause various health problems. Some problems get better or disappear completely. Other problems may remain for the rest of your life. For example, you may have problems getting an erection, leak urine or have looser stools.