

Table SI. Backgrounds of the patients

Characteristics	
Total, <i>n</i>	63 (mean age: 44.4±11.5 years)
Male	49 (mean age: 46.2±11.4 years)
Female	14 (mean age: 38.2±9.3 years)
Disease duration, mean±SD	168.7±136.6 months (14.06 years)
Family history, <i>n</i> (%)	
No	52 (82.5)
Yes	11 (17.5)
Comorbidities, <i>n</i> (%)	
Obesity	20 (31.7)
Diabetes mellitus	12 (19.0)
Hypertension	15 (23.8)
Hyperlipidaemia	10 (15.9)
Severity, <i>n</i> (%)	
Physicians' Global Assessment, <i>n</i> (%)	
Mild	16 (25.4)
Moderate	17 (27.0)
Severe	21 (33.3)
Most severe	9 (14.3)
Hurley stage, <i>n</i> (%)	
I	8 (12.7)
II	21 (33.3)
III	134 (54.0)
Modified Sartorius score, points, mean±SD	90.11±95.81