

Appendix S1

QUESTIONNAIRE

1. Age :

2. Have you ever noticed any kind of symptoms during conducting the manicure with the use of gel polish?

Yes No

3. If yes, which of the symptoms occurred?

Pain and burning

Itch

Nail changes (you can choose from the following):

- Decreased toughness
- Split of nails
- White spots
- Grooves
- Change of colour
- Subungual hyperkeratosis (discoloration and thickening of nail plate beneath nail)
- Onycholysis (separation of nail from its nail bed)
- Deformation of nail
- Others.....

Changes of the nail fold (you can choose from the following):

- Swelling of nail fold
- Vesicles
- Redness
- Scaling
- Dryness of skin
- Skin fissure (skin cracking)
- Paronychia (redness, oedema and pain of nail fold)

Eczema of hands

(red, itchy lesions on hands)

Rash on hands/ neck/ face

(disseminated red, itchy lesions on hands, neck, face)

Lip oedema

Others:

4. Have you ever noticed any kind of symptoms during wearing the gel polish manicure?

Yes No

5. If yes, which of the symptoms occurred?

Pain and burning

Itch

Nail changes (you can choose from the following):

- Decreased toughness
- Split of nails
- White spots
- Grooves
- Change of colour
- Subungual hyperkeratosis (discoloration and thickening of nail plate beneath nail)
- Onycholysis (separation of nail from its nail bed)
- Deformation of nail
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Rash on hands/ neck/ face

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Lip oedema

Others:

6. Have you ever noticed any kind of symptoms after removing the gel polish manicure?

Yes No

7. If yes, which of the symptoms occurred?

Pain and burning

Itch

Nail changes (you can choose from the following):

- Decreased toughness
- Split of nails
- White spots
- Grooves
- Change of colour
- Subungual hyperkeratosis (discoloration and thickening of nail plate beneath nail)
- Onycholysis (separation of nail from its nail bed)
- Deformation of nail
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Others:

8. How many times did you conduct the gel polish manicure during the last 12 months?

once

2-5 times

6-10 times

more than 10 times

9. How long do you leave the gel polish manicure on your nails?

one week or less

about 2 weeks

about 3 weeks

one month or longer

10. Do you conduct the gel polish manicure by yourself?

Yes No

11. If yes, where have you been taught how to do that?

from the internet

from the professional

from the videos, leaflets

others:

12. Do you plan to conduct the gel polish manicure in the future?

Yes No