



Symptoms negative for QoL

- scaling, fissures, keratoderma
- pain, pruritus, erythema
- anhidrosis and hyperthermia
- alopecia, cosmesis, skin odour



Life-threatening complications

- neonatal asfyxi, dehydration, electrolyte imbalance, septicemia

Negative effects and risks associated with ichthyosis

Associated conditions

- various syndromes (neurologic, hormonal, immune, deafness)
- other ectodermal complaints (eyes, teeth, orifices, hair, nails)



Nutritional deficiency

- vitamin D
- proteins & trace elements
- calories (energy spending)



Fig. S1. Signs and symptoms of ichthyosis potentially risking the patient's health and frequently reducing their quality of life (QoL). Clinical photos (from the author's files) showing ichthyosis prematurity syndrome (top left), lamellar ichthyosis (top right), Harlequin ichthyosis (bottom left) and Sjögren-Larsson syndrome (bottom right).