

Table S1. Demographic characteristics of patients with prurigo nodularis (PN) (n = 10)

Pat. No.	Age, years	Sex	Duration of PN, years	Affected areas	Previous treatments	Comorbidities	VAS	PGA	PaGA	DLQI	PSQI
1	44	F	6	Arms, legs	UVB, topical/systemic corticosteroids, methotrexate, gabapentin, capsaicin	Chronic pain, allergic rhinitis	10	4	5	21	18
2	66	M	18	Arms, legs	PUVA, topical/systemic corticosteroids, calcineurin inhibitors, SSRI, mycophenolate, thalidomide, occlusion with zinc	Chronic pain, rosacea	7	3	4	13	13
3	55	F	24	Arms, legs, trunk	PUVA, topical/systemic corticosteroids, azathioprine thalidomide	-	10	4	4	5	16
4	70	F	6	Arms, legs	UVB, topical/systemic corticosteroids, occlusion with zinc	Hypercholesterolaemia, intermittent claudication, angina pectoris	8	3	4	6	5
5	48	M	1	Arms, legs, trunk	UVB, topical/systemic corticosteroids, antihistamine	Hypercholesterolaemia, epilepsy	9	4	4	10	9
6	57	M	1	Arms, legs, trunk	UVB, topical/systemic corticosteroids	Hypercholesterolaemia, type 2 diabetes	8	3	3	15	14
7	72	M	3	Arms, legs, trunk	UVB, topical corticosteroids	Latent tuberculosis	9	4	5	4	9
8	73	M	4	Arms, legs, trunk, genitals	UVB, topical/systemic corticosteroids, capsaicin	Hypercholesterolaemia, hypertension	9	3	3	2	3
9	66	F	13	Arms, legs	UVB, topical corticosteroids methotrexate	Contact allergy	8	3	4	20	17
10	57	F	21	Arms, legs, trunk, genitals	UVB, topical corticosteroids, antihistamines, methotrexate, azathioprine	Sarcoidosis, chronic pain, migraine	9	4	4	16	16

VAS: visual analogue scale; PGA: Physician Global Assessment; PaGA: Patient Global Assessment; DLQI: Dermatology Life Quality Index; PSQI: Pittsburgh Sleep Quality Index; UVB: ultraviolet B; PUVA: psoralen plus ultraviolet A; SSRI: selective serotonin reuptake inhibitor.