

Table SIX. History of treatments for pruritus, overall and in strata of clinical and aetiological categories of chronic pruritus

| | Total n (%) | Clinical category | | | p-value ^a | Aetiological category | | | | p-value ^a |
|--|----------------|---|--|---|----------------------|---------------------------------|-----------------------|-------------------------------|-------------------------------|----------------------|
| | | I: Pruritus on diseased skin n (%) | II: Pruritus on non-diseased skin n (%) | III: Chronic scratch lesions n (%) | | I: Dermato- logical n (%) | II: Systemic n (%) | III-IV: Neur/Psyc n (%) | V-VI: Mixed/Other n (%) | |
| Local treatments | | | | | | | | | | |
| No | 40 (23.5) | 17 (21.0) | 9 (30.0) | 14 (23.7) | 0.61 | 17 (21.0) | 5 (19.2) | 6 (46.2) | 12 (24.0) | 0.23 |
| Yes | 130 (76.5) | 64 (79.0) | 21 (70.0) | 45 (76.3) | | 64 (79.0) | 21 (80.8) | 7 (53.8) | 38 (76.0) | |
| Phototherapy (UVA/UVB/PUVA) | | | | | | | | | | |
| No | 134 (78.8) | 59 (72.8) | 27 (90.0) | 48 (81.4) | 0.12 | 59 (72.8) | 20 (76.9) | 13 (100.0) | 42 (84.0) | 0.11 |
| Yes | 36 (21.2) | 22 (27.2) | 3 (10.0) | 11 (18.6) | | 22 (27.2) | 6 (23.1) | 0 (0.0) | 8 (16.0) | |
| Systemic antihistamines | | | | | | | | | | |
| No | 116 (68.2) | 58 (71.6) | 20 (66.7) | 38 (64.4) | 0.65 | 58 (71.6) | 17 (65.4) | 10 (76.9) | 31 (62.0) | 0.60 |
| Yes | 54 (31.8) | 23 (28.4) | 10 (33.3) | 21 (35.6) | | 23 (28.4) | 9 (34.6) | 3 (23.1) | 19 (38.0) | |
| Other systemic treatments^b | | | | | | | | | | |
| No | 113 (66.5) | 45 (55.6) | 26 (86.7) | 42 (71.2) | 0.005 | 45 (55.6) | 20 (76.9) | 13 (100.0) | 35 (70.0) | 0.006 |
| Yes | 57 (33.5) | 36 (44.4) | 4 (13.3) | 17 (28.8) | | 36 (44.4) | 6 (23.1) | 0 (0.0) | 15 (30.0) | |

^a χ^2 test, or Fisher's exact test, where required, and Kruskal-Wallis test were used for nominal and continuous variables, respectively. ^bIncluding methotrexate, cyclosporine, retinoids, glucocorticoids and other systemic antipruritics.

UVA: ultraviolet A; UVB: ultraviolet B; PUVA: psoralen plus UVA.