

Sensitive Skin Questionnaire--Modified from Baumann skin type questionnaire

From question 1 to 9, you get 1 point for answer A, 2 points for answer B, 3 for C and 4 for D, from question 10 to 12, you get 1 point for “No” and 2 points for “yes”. The score added in total under 17 were considered as healthy resistant skin, 18~23 as mild sensitive, 24~32 as moderate, and 33~42 as severe sensitive.

1. You get redness, rashes, flush, itching, dryness or stinging on your face without specific reason.
 - A. Never
 - B. Rarely, less than 3 times a year
 - C. Often, 3-6 times a year
 - D. Frequently, more than 6 times a year
2. Does environment temperature change or air conditioning circumstance or wind blowing lead to redness, rashes, flush, itching, dryness or stinging on your face?
 - A. Never
 - B. Sometimes, soon back to normal
 - C. Frequently, with mild symptoms
 - D. Always, with severe symptoms
3. Does heavily polluted environment (e.g. dusty room, sandstorm season, hazy weather) lead to redness, rashes, flush, itching, dryness or stinging on your face?
 - A. Never
 - B. Sometimes, soon back to normal
 - C. Frequently, with mild symptoms
 - D. Always, with severe symptoms
4. You get redness, rashes, flush, itching, dryness or stinging on your face when season changes.
 - A. Never
 - B. Sometimes, soon back to normal
 - C. Frequently, with mild symptoms
 - D. Always, with severe symptoms
5. You get redness, rashes, flush, itching, dryness or stinging on your face when exercising, getting excited or nervous.
 - A. Never
 - B. Sometimes, soon back to normal
 - C. Frequently, with mild symptoms
 - D. Always, with severe symptoms
6. You get redness, rashes, flush, itching, dryness or stinging on your face when eating spicy or hot food, or drinking.
 - A. Never
 - B. Sometimes, soon back to normal
 - C. Frequently, with mild symptoms
 - D. Always, with severe symptoms

7. You get redness, rashes, flush, itching, dryness or stinging on your face from make-up, sunscreen or skin-care products.

- A. Never
- B. Sometimes, soon back to normal
- C. Frequently, with mild symptoms
- D. Always, with severe symptoms

8. You get redness, rashes, flush, itching, dryness or stinging on your face during the menstrual period.

- A. Never
- B. Sometimes, soon back to normal
- C. Frequently, with mild symptoms
- D. Always, with severe symptoms

9. You get redness, rashes, flush, itching, dryness or stinging in the wearing area of metallics (e.g. necklace, earrings, ring, eyeglasses, watch, belt).

- A. Never
- B. Sometimes
- C. Frequently
- D. Always

10. Do you have any history of allergic disease (e.g. urticarial, atopic dermatitis, allergic rhinitis, allergic asthma etc.)

- A. No
- B. Yes

11. Does any of your parents or brothers or sisters have allergic disease (e.g. urticarial, atopic dermatitis, allergic rhinitis, allergic asthma etc.)

- A. No
- B. Yes

12. Do you have acne, rosacea, seborrheic dermatitis or other facial dermatitis?

- A. No
- B. Yes