

Impact of alopecia areata on major life-changing decisions: prevalence and associated factors

Background:

Long-term effects of Alopecia Areata (AA) on major life-changing decisions (MLCDs) remain poorly understood. This study aimed to describe the impact of AA on MLCDs and identify associated factors.

Methods and objectives:

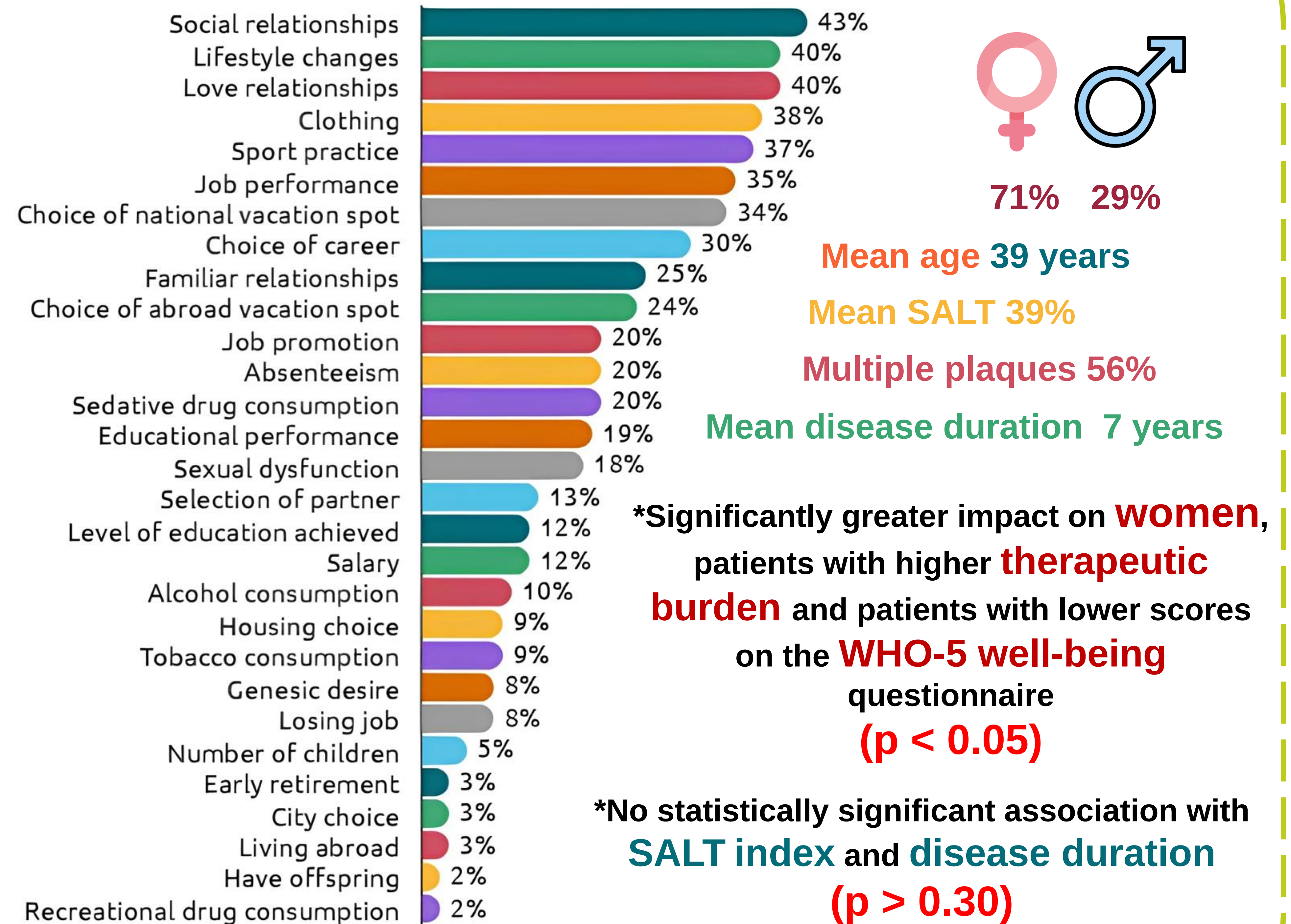
A cross-sectional study with sequential sampling was performed including patients with AA. Patients were asked to complete some questionnaires to assess the impact of AA on MLCDs and QoL.

Conclusions:

There are some MLCDs that appear to be significantly affected in patients with AA. The identification of factors associated such as female gender, therapeutic burden or alterations in mental well-being is crucial to explore and limit the long-term negative effects of the disease.

Results:

Percentage of AA patients with moderate or severe involvement of each of the MLCDs evaluated.



Median self-perceived severity
MODERATE

Median lifetime self-perceived impact
SEVERE