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Table SI: Basic characteristics for the severity groups divided in stable and unstable atopic dermatitis disease course.

	Mild		Moderate		Severe	
	Stable	unstable	Stable	Unstable	Stable	Unstable
<b>N=</b>	37	40	42	97	12	34
<b>Sex</b>						
Women	27 (73.0)	28 (70.0)	29 (69.0)	66 (68.0)	3 (25.0)	25 (73.5)
Men	10 (27.0)	12 (30.0)	13 (31.0)	31 (32.0)	9 (75.0)	9 (26.5)
<b>Current Age</b>						
Mean (SD)	53.16 (11.26)	53.02 (12.61)	53.67 (10.41)	50.49 (12.39)	54.08 (13.08)	50.32 (12.98)
<b>Smoking (%)</b>						
Current daily/occasional smoker	<3 (<8.1)	5 (12.5)	3 (7.2)	9 (9.3)	<3 (<25.0)	5 (14.7)
Former smoker	>14 (>37.8)	18 (45.0)	14 (33.3)	40 (41.2)	>3 (>25.0)	13 (38.2)
Never smoker	20 (54.1)	17 (42.5)	25 (59.5)	48 (49.5)	6 (50.0)	16 (47.1)
<b>Highest education</b>						
Primary school/High school	<4 (<10.8)	<4 (<10.0)	<6 (14.3)	12 (12.4)	<3 (<25.0)	9 (26.5)
Vocational education	11 (29.7)	11 (27.5)	9 (21.4)	25 (25.8)	>3 (>25.0)	9 (26.5)
Short higher education	<4 (<10.8)	<4 (<10.0)	<4 (<9.5)	8 (8.2)	0 ( 0.0)	<4 (<11.8)
Medium-term higher education/bachelor	17 (45.9)	17 (42.5)	10 (23.8)	35 (36.1)	3 (25.0)	11 (32.4)
Long higher education/PhD and research	4 ( 10.8)	7 (17.5)	16 (38.1)	17 (17.6)	3 (25.0)	<4 (<11.8)
<b>BMI</b>						
Mean (SD)	25.29 (4.05)	24.78 (3.68)	26.14 (4.73)	26.47 (5.79)	27.23 (4.05)	28.56 (6.18)
<b>Joint pain (past week)</b>						
Median (IQR)	2.00 (0.00-3.00)	1.00 (0.00-5.00)	2.00 (0.00-4.75)	2.00 (0.00-5.00)	2.00 (0.00-4.25)	3.00 (1.00-4.75)
<b>skin pain (past week)</b>						
Median (IQR)	0.00 (0.00-1.00)	1.00 (0.00-2.00)	3.00 (0.25-4.00)	4.00 (2.00-5.00)	6.00 (3.75-8.00)	6.00 (5.00-8.00)
<b>Skin itch (past 3 days)</b>						
Median (IQR)	1.00 (0.00-3.00)	2.00 (1.00-3.00)	4.00 (3.00-5.00)	5.00 (3.00-7.00)	7.50 (6.50-8.00)	7.00 (6.25-8.00)
<b>Sleep disturbance (past 3 days)</b>						
Median (IQR)	1.00 (0.00-3.00)	1.00 (0.00-3.00)	2.00 (0.00-4.00)	3.00 (1.00-5.00)	3.00 (2.75-6.50)	6.00 (4.00-7.00)
<b>BSA (mean (SD))</b>						
Current	5.44 (9.07)	4.47 (8.82)	13.29 (18.52)	12.40 (14.19)	8.08 (7.33)	32.15 (29.16)
Worst in past 12 months	9.95 (16.83)	10.77 (19.37)	16.75 (19.75)	18.09 (21.20)	22.00 (23.92)	36.82 (27.02)
Worst in life	37.22 (33.73)	36.22 (33.76)	38.27 (32.65)	37.31 (30.89)	47.33 (37.67)	53.45 (33.07)

BSA, body surface area; IQR, interquartile range, SD, standard deviation