

# Safety and Effectiveness Profile of Dupilumab in the Treatment of Atopic Dermatitis in Special Populations

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**Dupilumab, the first biologic treatment approved for moderate to severe atopic dermatitis, has completely revolutionized the management of such disease allowing long-term control of its clinical signs and symptoms. Nevertheless, data regarding the safety and effectiveness profile of dupilumab in patients belonging to special populations are scarce. This observational, multicentric study analysed the effectiveness and safety profile of dupilumab over 3 years in the treatment of 70 patients with moderate to severe atopic dermatitis and associated comorbidities such as cancers, renal and liver failure, viral chronic infections, and degenerative and autoimmune neurological disorders. Patients achieved a significant improvement in both physician-assessed and patient-reported outcomes after 16 weeks of treatment, with a continuous therapeutic response maintained throughout the 156-week period. The safety profile was comparable to clinical trials and real-world data involving patients without significant comorbidities. In conclusion, the findings support the safety of dupilumab in managing severe atopic dermatitis in fragile patients.**

**Key words:** dupilumab; atopic dermatitis; special populations.

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Atopic dermatitis (AD) is a common chronic inflammatory skin disorder, characterized by intense itching, dry skin, and eczematous lesions (1, 2). Notably, over one-third of adult AD patients suffer from a moderate to severe form of AD, characterized by a marked impairment of patients' quality of life and often requiring systemic treatment to attain adequate clinical control (1–3). Dupilumab, a monoclonal antibody targeting the

## SIGNIFICANCE

This study provides real-world evidence on the long-term use of dupilumab in patients with moderate to severe atopic dermatitis and serious comorbidities, such as cancer, chronic infections, organ failure, and neurological diseases. Patients with atopic dermatitis and other chronic debilitating comorbidities are often excluded from clinical trials, resulting in limited safety and effectiveness data for this population. In this study, which included 70 atopic dermatitis patients with serious comorbidities, dupilumab allowed significant and sustained clinical benefit over 3 years of observation in the majority of them, with a safety profile similar to that observed in the general atopic dermatitis population.

IL-4/IL-13 signalling, has been the first biologic treatment approved for the management of moderate to severe AD. The precise mechanism of action of dupilumab towards the pivotal pathogenetic AD cytokines IL-4 and IL-13 provides an excellent long-term effectiveness and safety profile observed in clinical trials (4–9). However, patients suffering from comorbidities such as cancer, chronic infections, severe kidney and liver dysfunction, and neurological degenerative disorders are excluded from randomized clinical trials or included in a very small percentage of the study population in real-life studies (10, 11). This leads to a paucity of data regarding the safety and effectiveness profile of dupilumab in fragile patients with chronic debilitating comorbidities. The aim of this multicentric observational study was to evaluate the safety and effectiveness profile of dupilumab in the treatment of special populations of AD patients over a 3-year observation period.

## MATERIAL AND METHODS

We conducted a multicentre observational study involving adult patients suffering from AD under treatment with dupilumab for at least 16 weeks. Patients were recruited

from 7 Italian University hospitals from January 2022 to January 2023. The design of this study was both retrospective and prospective. We selectively analysed data from patients belonging to special populations. These included patients with severe renal disease (Stage 3 or higher on the Kidney Disease: Improving Global Outcomes scale), severe liver disease (Child–Pugh Score  $\geq 10$ ), cancer, chronic infectious diseases (active hepatitis B virus [HBV], hepatitis C virus [HCV], or human immunodeficiency virus [HIV] infection), and degenerative and demyelinating neurological diseases (amyotrophic lateral sclerosis, multiple sclerosis). Dupilumab was prescribed according to the Agenzia Italiana del Farmaco (AIFA) requirements (Eczema Area and Severity Index [EASI] score  $\geq 24$  and ineffectiveness, intolerance, or contraindications to cyclosporin), at the dosage of 600 mg at baseline followed by 300 mg every 2 weeks. Data from patients who were treated continuously with dupilumab for at least 16 weeks were considered. All patients were encouraged to apply moisturizer twice a day while topical corticosteroid/calcineurin inhibitors were used on an as-needed basis. In order to ensure comparability across patients, clinical data were analysed at reference time points corresponding to weeks 16, 32, 52, 104, and 156 from treatment initiation, using the following tools: the EASI score, ranging from 0 to 72 points; the Itch and Sleep Numeric Rating Scale (NRS), ranging from 0 to 10 points; and the Dermatology Life Quality Index (DLQI), ranging from 0 to 30. Safety was assessed based on the incidence of treatment-related adverse events (TRAEs), physical examinations, and laboratory tests, including complete blood count (CBC), transaminases, creatinine, blood glucose, and total serum IgE.

Adverse events were considered treatment-related if deemed possibly, probably, or definitely related to dupilumab by the treating physician. Severity was classified as mild (minimal impact, no treatment needed), moderate (some impact, possible symptomatic treatment), or severe (significant impact, requiring medical intervention and/or treatment discontinuation).

Patients were asked to bring to each visit the latest reports from specialists managing their comorbidities, including metastatic disease, chronic viral infections, and neurological conditions, thus allowing assessment of disease status and progression during dupilumab treatment.

This study was approved by the Local Ethics Committee – Comitato Etico Territoriale (CET) Lazio Area 3, Prot. ID: protocol no. 0054579/2022. All patients enrolled in this study provided written informed consent prior to participation.

### Statistical analysis

Descriptive statistics were used to summarize the clinical and demographic characteristics of the patients analysed. Categorical variables were expressed as absolute and

relative frequencies (percentages), while continuous variables were described using the mean and standard deviation (SD). The EASI scores, a severity assessment scale for the disease, at different time points (weeks 16, 32, 52, 104, 156) were compared with the baseline (week 0) values to assess the clinical response to treatment, using the paired Student's *t*-test. The same approach was applied to the DLQI, and Itch NRS. Data were analysed as observed, and a *p*-value of 0.001 was considered statistically significant in all cases.

## RESULTS

Overall, 70 patients (24 females/46 males, mean age: 61.8 [18.8], BMI: 24.7 [4.6] kg/m<sup>2</sup>) suffering from moderate to severe AD and belonging to special populations were enrolled in this study. **Table I** presents patients' demographic and clinical characteristics. An early AD onset ( $\leq 18$  years old) was observed in 28/70 (40%) patients, while a late onset was observed in 42/70 (60%) subjects. The majority of patients (53/70, 75.7%) presented a classic clinical phenotype, characterized by the symmetrical involvement of the flexural areas, with frequent involvement of the head/neck and hands; 3/70 (4.3%) exhibited nummular eczema, 1/70 (1.4%) showed an erythrodermic phenotype, and 13/70 (18.6%) had nodular prurigo-like AD. A current or previous history of at least 1 atopic comorbidity was reported by 37/70 (52.9%) patients: 33/70 (47.1%) reported allergic rhinitis, 19/70 (27.1%) reported allergic asthma, and 15/70 (21.4%) allergic conjunctivitis.

All patients included in this study were affected by other chronic debilitating comorbidities; in detail, 39 of 70 patients (55.7%) were diagnosed with an active neoplasm or had received a diagnosis of neoplasm within the last

**Table I. Clinical and demographic characteristics of the study population**

Overall population	70 patients
Sex, female/male	24/46
Age, mean (SD)	61.8 (19.0)
BMI, mean (SD)	24.7 (4.6)
Atopic comorbidities, <i>n</i> (%)	37/70 (52.9)
Allergic rhinitis	33/70 (47.1)
Asthma	19/70 (27.1)
Conjunctivitis	15/70 (21.4)
Early onset (< 18 years old), <i>n</i> (%)	28/70 (40)
Late onset ( $\geq 18$ years old), <i>n</i> (%)	42/70 (60)
Flexural phenotype, <i>n</i> (%)	53/70 (75.7)
Nummular eczema, <i>n</i> (%)	3/70 (4.3)
Erythrodermic AD, <i>n</i> (%)	1/70 (1.4)
Prurigo nodularis-like AD, <i>n</i> (%)	13/70 (18.6)
Cancer, <i>n</i> (%)	39/70 (55.7)
Chronic kidney disease, <i>n</i> (%)	6/70 (8.6)
Liver failure, <i>n</i> (%)	2/70 (2.9)
Chronic infectious disease, <i>n</i> (%)	9/70 (12.9)
CNS disease (ALS, MS), <i>n</i> (%)	7/70 (10)
Inflammatory bowel disease, <i>n</i> (%)	3/70 (4.3)
Previous treatment with cyclosporin, <i>n</i> (%)	17/70 (24.3)
Previous treatment with systemic steroids, <i>n</i> (%)	49/70 (70)

AD: atopic dermatitis; BMI: body mass index; CNS: central nervous system disease; ALS: amyotrophic lateral sclerosis; MS: multiple sclerosis; SD: standard deviation.

**Table II. Clinical and demographic characteristics of patients with a history of solid or haematologic malignancies**

Tumour group	Sex	Age	Type of neoplasm	Year of diagnosis	Stage	Therapy
Leukaemias/ myelodysplasias	Male	70	Chronic lymphocytic leukaemia	2021	II	Ibrutinib
	Male	69	Myelodysplastic syndrome	2021	N/A	Hydroxycarbamide
	Male	30	JAK-2 negative polycythaemia vera	2019	N/A	N/A
Lymphomas	Male	38	Hodgkin's lymphoma	2020	II	Chemotherapy, radiotherapy
	Female	31	Hodgkin's lymphoma	2018	II	BEGEV, stem cell transplant
	Female	18	Hodgkin's lymphoma	2019	II	Chemotherapy
	Female	65	Diffuse large B-cell lymphoma	2021	IV	Chemotherapy, radiotherapy
	Female	69	Hodgkin's Lymphoma, ductal <i>in situ</i> breast cancer	2020	III	Surgery, radiotherapy, tamoxifen, splenectomy
Lung	Male	87	Lung carcinoma	2021	N/A	Surgery, chemotherapy
	Male	86	Lung carcinoma	2024	IV	Surgery
	Male	59	Lung carcinoma	2019	IV	Pembrolizumab
Breast	Female	84	Lobular breast cancer	2020	I	Surgery, hormone therapy
	Female	60	Invasive ductal breast carcinoma	2024	III	Surgery, radiotherapy, chemotherapy
	Female	62	Breast cancer	2016	N/A	Quadrantectomy, radiotherapy, tamoxifen
	Female	75	Breast cancer	2019	N/A	Chemotherapy, radiotherapy
	Female	61	Breast cancer	2021	IV	trastuzumab
Colon	Female	75	Colon carcinoma, breast cancer	2019	N/A	Surgery, chemotherapy, radiotherapy, tamoxifen
	Male	85	Colon carcinoma	2020	III	Right Hemicolectomy
	Male	83	Colon carcinoma	2021	IV	Cetuximab
	Male	64	Colon carcinoma	2022	IV	Cetuximab
	Male	66	Colon carcinoma	2023	IV	Bevacizumab
	Male	70	Colon carcinoma	2020	IV	Cetuximab
	Male	72	Colon carcinoma	2021	IV	Surgery
	Male	69	Colon carcinoma	N/A	II	Surgery
Prostate	Male	74	Prostate carcinoma	2022	N/A	Radical prostatectomy
	Male	89	Prostate carcinoma	2024	III	Surgery, radiotherapy
Kidney	Male	65	Renal carcinoma	2021	I	Enucleation
	Male	47	Papillary renal carcinoma	2021	I	Renal thermal ablation
Thyroid	Female	34	Papillary thyroid carcinoma	2022	N/A	N/A
	Female	69	Thyroid carcinoma	2021	N/A	Total thyroidectomy
	Female	46	Papillary thyroid carcinoma	2016	N/A	Surgery
Ovary	Female	68	Serous ovarian carcinoma	2021	III	Taxanes, bevacizumab
Testis	Male	55	Seminoma	N/A	N/A	Surgery
Skin	Male	28	Embryonal carcinoma	2019	II	Radical orchiectomy, PEB
	Male	78	Lentigo maligna	2024	I	Surgery
	Female	30	Melanoma	2022	II	Surgery
Head and neck	Male	82	Laryngeal squamous cell carcinoma, Schwannoma	2020	III	Surgery, radiotherapy
Bladder	Male	66	Bladder carcinoma	2016	N/A	Intravesical chemotherapy
Anal	Male	51	Anal cancer	2022	II	Chemotherapy

BEGEV: bendamustine, gemcitabine, and vinorelbine regimen; N/A: not available; PEB: cisplatin, etoposide, and bleomycin regimen.

5 years. The type of malignancy and related treatment are listed in **Table II**. Additionally, 6 patients (8.6%) were affected by severe chronic kidney disease (Stage 3 or higher), while severe liver failure (Child–Pugh Score  $\geq 10$ ) was reported in 2 patients (2.9%). In total, 9 patients (7.8%) were affected by chronic viral infection, including 3 patients with HIV, 3 patients with HCV, 3 with HBV, and 1 patient with concomitant HIV and HCV infection. Seven patients (10%) suffered from diseases of the central nervous system, including 1 case of amyotrophic lateral sclerosis and 6 cases of multiple sclerosis. Furthermore, 3 patients (4.3%) were affected by ulcerative colitis.

### Clinical response

Prior to initiating dupilumab treatment, 17 patients (24.3%) had previously received cyclosporine, while 49 patients (70%) had been treated with systemic corticosteroids (see Table I). At baseline, the mean EASI score was 27.9 (5.5), which progressively decreased to 6.7 (7.1) at week 16, 2.2 (2.8) at week 32, and 0.8 (2.1) at week 52, with clinical results maintained throughout the 156-week observation period (**Table III** and **Fig. 1**). The proportion of patients achieving EASI 75 and 90 was 56.7% and 41.7% at week 16, increasing to 84% and 82% at week 52, respectively (Table III).

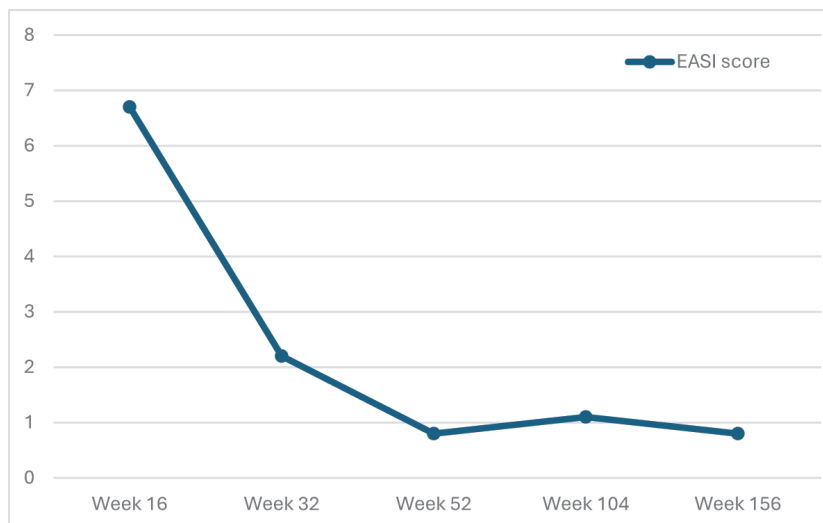
**Table III. Clinical improvements throughout the 156 weeks of treatment**

Response endpoints	Week 0 (n = 70) <sup>a</sup>	Week 16 (n = 70) <sup>b</sup>	Week 32 (n = 57) <sup>b</sup>	Week 52 (n = 50) <sup>b</sup>	Week 104 (n = 34) <sup>b</sup>	Week 156 (n = 27) <sup>b</sup>
EASI, mean $\pm$ (SD) <sup>a</sup>	27.9 $\pm$ (5.5)	6.7 $\pm$ (7.1)	2.2 $\pm$ (2.8)	0.8 $\pm$ (2.1)	1.1 $\pm$ (2.3)	0.8 $\pm$ (2.3)
NRS-itch, mean $\pm$ (SD) <sup>a</sup>	8.1 $\pm$ (1.4)	2.5 $\pm$ (2.1)	0.9 $\pm$ (1.5)	0.5 $\pm$ (1.2)	0.9 $\pm$ (1.8)	0.6 $\pm$ (1.8)
DLQI, mean $\pm$ (SD) <sup>a</sup>	15.7 $\pm$ (6)	3.9 $\pm$ (4)	0.9 $\pm$ (2.2)	0.6 $\pm$ (2.0)	0.8 $\pm$ (2.2)	0.4 $\pm$ (1.0)
EASI75 n (%)		34 (48.6)	43 (75.4)	42 (84)	24 (70.6)	23 (85.2)
EASI90 n (%)		25 (35.7)	27 (47.4)	41 (82)	23 (67.6)	23 (85.2)

Clinical response was assessed at 16, 32, 52, 104, and 156 weeks during treatment using the following tools: Eczema Area and Severity Index (EASI), ranging from 0 to 72 points; itch Numeric Rating Scale (NRS), ranging from 0 to 10 points; Dermatology Life Quality Index (DLQI), ranging from 0 to 30 points.

<sup>a</sup>p < 0.001 vs baseline (paired t-test; see Methods). <sup>b</sup>Reduction in the number of patients at each follow-up visit was due to the fact that patients started treatment at different times and that not all patients had completed 156 weeks of treatment by the time of the present study.

SD: standard deviation.



**Fig. 1.** Mean improvement in Eczema Area and Severity Index (EASI) score observed up to week 156.

Patients reported a high baseline pruritus burden (Itch NRS:  $8.1 \pm 1.4$ ), which significantly improved to 2.5 (2.1) at week 16, 0.9 (1.5) at week 32, and 0.5 (1.2) at week 52, with sustained clinical remission through to week 156. Quality of life, assessed via DLQI, also showed marked improvement: the baseline score of 15.7 (6) decreased to 3.9 (4) at week 16, 0.9 (2.2) at week 32, 0.6 (2) at week 52, 0.8 (2.2) at week 104, and 0.4 (1.0) at week 156, highlighting a substantial and sustained enhancement in patient well-being (Table III and Fig. 2).

Three patients suspended treatment due to sustained remission of clinical signs and symptoms, at their own request and in agreement with their healthcare providers. One patient was lost to follow-up.

### Safety

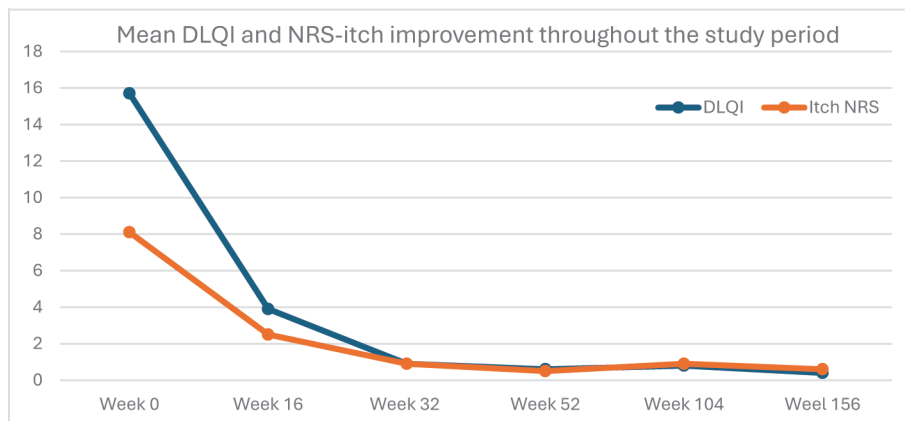
During the study period, a total of 13 treatment-related adverse events (TRAE) were reported, distributed across different time intervals. Between weeks 0 and 26, there were 4 episodes of conjunctivitis, 1 herpes simplex virus (HSV) infection, 2 injection-site reactions, 1 psoriasiform eruption, and 1 upper respiratory tract infection. From weeks 26 to 52, the reported events included 2 episodes

of conjunctivitis, 1 HSV infection, and 1 psoriasiform eruption. Finally, between weeks 52 and 104, there was 1 episode of conjunctivitis and 2 upper respiratory tract infections. All the reported adverse events were classified as mild and did not require dupilumab suspension.

During the follow-up period, none of the 39 patients with cancer, including those with metastatic disease ( $n=9$ ) (see Table II), experienced a recurrence or progression of their malignancy. Similarly, no viral reactivation was observed among the 9 patients with chronic viral infections, including HIV ( $n=4$ ), HCV ( $n=4$ ), and HBV ( $n=2$ ). Regarding neurological comorbidities, 6 patients with MS, treated with disease-modifying therapies such as cladribine, glatiramer acetate, and ocrelizumab, received dupilumab without any signs of MS clinical or radiological worsening. No safety signals emerged during the follow-up period in patients with severe hepatic ( $n=2$ ) or renal ( $n=6$ ) impairment.

## DISCUSSION

Data on the efficacy and safety of dupilumab in multimorbid patients are scarce in the literature. In this regard,



**Fig. 2.** Mean improvement in Dermatology Life Quality Index (DLQI) and Numeric Rating Scale (NRS)-itch up to 156 weeks.

Patruno et al. published one of the first studies analysing dupilumab safety and effectiveness in a special population, enrolling 263 patients with moderate to severe AD, 25 of whom had a history of neoplasia, severe renal failure, viral hepatitis, neurological disorders, acquired immunodeficiency syndrome, and being a transplant recipient (11). A statistically significant reduction in EASI, DLQI, and NRS-Pruritus scores was observed in both special and not-special population groups at each follow-up visit ( $p < 0.001$ ) throughout 1 year of dupilumab treatment, with no significant differences between the groups in terms of the safety profile (11).

In our multicentre real-life study, dupilumab demonstrated an excellent effectiveness and safety profile in the treatment of 70 patients with moderate-to-severe AD belonging to special populations, over an observation period of at least 52 weeks and up to 156 weeks. In particular, a significant improvement in disease signs and symptoms was observed as early as 16 weeks of treatment (a 75.9% reduction in EASI from baseline), with progressive increase of clinical results up to 52 weeks, and their maintenance up to 156 weeks. Improvement of AD manifestation was associated with a marked reduction of itch, with 69% improvement from baseline to week 16, and restoration of the patients' quality of life, as evidenced by the progressive reduction in DLQI scores (94.3% reduction from baseline to week 16). This study highlighted the favourable safety profile of dupilumab in the treatment of patients with AD and comorbid conditions, with no need for suspension or interruption of treatment even in cases of cancer, chronic infections, severe kidney and liver dysfunction, and neurological degenerative disorders. Indeed, dupilumab was well tolerated in these cohorts of patients, with a low number of side effects occurring during the observation period, which were successfully managed in all cases without biologic suspension. As previously reported, non-infective conjunctivitis was observed in 10% of patients (7/70), who were successfully treated with ocular lubricants and corticosteroid eye drops.

Interestingly, although most of the studies report early disease onset in the majority of adult AD patients, in this study late onset was reported by over 60% of patients. These unexpected data could be influenced by the elevated mean age of the study population, which reflects the inclusion of patients with chronic comorbidities. Indeed, a potential recall bias may have reduced the number of patients reporting a history of AD during childhood. Our study analysed the effectiveness and safety of dupilumab in a population of 39 patients with a recent diagnosis of neoplasia, comprising 9 patients with metastatic disease. Notably, none of the patients experienced disease recurrence or progression during the study period. In preclinical studies on cancer, selective blockade of IL-13 and IL-4 has yielded heterogeneous and complex results, with varying effects depending on

tumour type or even tumour stage, as seen in colorectal cancer (18). These heterogeneous findings might be related to the diversity of cell lines used, tumour heterogeneity, or variations in the tumour microenvironment (18). Interestingly, the safety profile of dupilumab in patients with a history of cancer has been explored in a few real-world studies (19–21). Metko et al. (19) reported data from a cohort of 12 patients, 11 of whom had a history of previous cancer and 1 had active cancer. The results of their study indicated that dupilumab was both safe and well tolerated in this patient population (19). Similarly, Tanczosova et al. (20) observed that dupilumab could be safely administered to patients with advanced cancer, including 1 patient with colorectal cancer, and 2 patients with double cancer (colorectal and kidney cancer, and penile squamous cell carcinoma with prostate cancer). No evidence of disease progression or recurrence was observed during an average treatment period of 17 months (20). In addition, a few reports in the literature described patients who developed cancer during dupilumab therapy. In patients who developed cancer while being treated with dupilumab, the treatment was either maintained without interruption or temporarily suspended during specific cancer therapies, supporting the drug's potential safety in this context (21). This growing body of evidence reflects increasing interest in the use of dupilumab in oncological settings. In fact, 2 clinical trials are currently underway to investigate the combined use of dupilumab and the anti-PD-1 antibody cemiplimab in patients with early-stage or with metastatic non-small cell lung carcinoma (NSCLC), respectively (NCT06088771; NCT05013450). Dupilumab is also being used to treat pruritus associated with malignant neoplasms or their treatments (22). Notably, traditional systemic immunosuppressants, such as cyclosporine, and Janus kinase inhibitors (JAKi) may carry an increased risk of developing cancer (10, 23, 24). In contrast, biologics targeting IL4/IL13, such as dupilumab, are not considered immunosuppressive and are generally viewed as safer alternatives compared with systemic traditional immunosuppressants and JAKi, with a lower associated risk of promoting cancer development (10). However, it is worth noting that a potential increased risk for the development and worsening of cutaneous T-cell lymphoma (CTCL) has been observed in patients treated with dupilumab. In this regard, several authors suppose that an initial misdiagnosis of CTCL as AD may be the primary reason for the increase in prevalence of CTCL observed under dupilumab therapy, highlighting the need for continued vigilance and monitoring in patients with atypical or recalcitrant eczematous lesions (25–27). In our study population, although 5 patients had a history of primary extracutaneous lymphoma prior to initiating dupilumab, no cases of CTCL or benign lymphoid reactions were observed during the study period. It is important to emphasize that the use of dupilumab results

in selective inhibition of the Th2 axis, without altering the Th1 immune response that is essential for controlling viral and bacterial infections. In this regard, our study enrolled 9 patients with chronic viral diseases, including 4 cases of HIV, 4 cases of HCV, and 2 cases of HBV. No clinical or serological reactivation of the infectious disease was observed in any of these 9 patients. Our findings are in line with previous studies that reported the effectiveness of dupilumab in HIV-positive patients (12–14). In a recent systematic review, including 27 HIV patients, dupilumab was found to provide clinical benefit for AD skin manifestations and asthma in 25 patients (92.5%), with no change in viral load in 100% of cases and with CD4+ lymphocyte count stability in 80% of patients (12). Interestingly, a few reports have indicated that dupilumab is safe even in patients with active HBV and HCV infection undergoing antiviral therapy (15–17).

Evidence supporting the safety of dupilumab in chronic kidney disease, a condition frequently associated with ageing (28), is currently limited. In our study, all 6 patients with severe chronic kidney disease (Stage 3 or higher) experienced a significant improvement in skin symptoms, with no side effects. In this regard, 1 study, including elderly patients with moderate to severe AD treated with dupilumab for 52 weeks, reported no adverse events in a sub-cohort of 10 patients with kidney disease (28). Another case series reporting 3 patients with renal disease and moderate to severe AD supported the safety and tolerability of dupilumab over 52 weeks of observation, even in those undergoing dialysis or with underlying conditions such as Alport syndrome and IgA nephropathy (29).

Multiple sclerosis (MS) is a demyelinating disorder that is characterized by immune responses skewed towards the Th1 and Th17 axes and mediated by TNF, IFN-gamma, IL-2, and IL-17. A temporal association between the development of MS and dupilumab treatment has been suggested in isolated cases of patients with AD, raising the question of whether the drug-mediated Th2 suppression could trigger a secondary Th1/Th17 imbalance in genetically predisposed individuals (30, 31). In our study, we reported 6 patients affected by MS under treatment with several drugs, including cladribine, glatiramer, and ocrelizumab, who were also treated with dupilumab. All these patients exhibited a marked amelioration of AD manifestations, while maintaining the clinical stability of MS, as assessed throughout the study period by periodic MRI scans. A recent report assessed the disease status of MS in 3 patients treated with dupilumab for AD, documenting stability after 9 months of follow-up in 2 cases and improved spinal lesions after 6 months in the third case, while the management of MS with teriflunomide remained unchanged in all 3 subjects (32). This seemingly contradictory evidence suggests a complex interaction between the Th2 imbalance due to AD and the immune modulation related to dupilumab treatment.

The strength of our study lies in the analysis of the safety profile of dupilumab in a relatively large population of AD patients with different comorbidities, including metastatic cancer, with an observation period of up to 3 years. As such patients are often excluded from clinical trials, our findings are particularly relevant to real-world practice. The main limitations are the retrospective design, and the absence of a control group, which is especially relevant when assessing whether a drug prescribed for a specific condition may interfere with the progression of a patient's comorbidities. However, comparisons with existing literature help contextualize the results and partly compensate for this limitation.

### Conclusion

In this study, we confirmed a favourable long-term safety and effectiveness profile of dupilumab in the treatment of AD across various special patient populations. The safety profile was consistent with findings from clinical trials and other real-world experiences involving patients without relevant comorbidities. No clear interactions between dupilumab and comorbid conditions in AD patients were detected during the study period. Nevertheless, given the limitations of the study design, further research, ideally including a control group, is warranted to better clarify the impact of type 2 inflammation inhibition on patients belonging to special population.

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*Data availability statement:* Data are available from the corresponding author upon reasonable request.

*IRB approval status:* The study protocol conforms to the ethical guidelines on the 1975 Helsinki Declaration and was approved by the Local Ethics Committee – Comitato Etico Territoriale (CET) Lazio Area 3, Prot. ID: protocol no. 0054579/2022.

*Conflict of interest disclosures:* NG has served as advisory board member and received honoraria for lectures for AbbVie, Sanofi, Leo-Pharma, Almirall, Lilly, Pfizer, Novartis, and Galderma. GM has served as advisory board member and received honoraria for lectures for AbbVie and Janssen. GG has received personal fees from AbbVie, Almirall, Amgen, Boehringer-Ingelheim, Bristol-Myers Squibb, Eli-Lilly, Leo Pharma, Merck Serono, Novartis, Pfizer, Pierre Fabre, Samsung Bioepis, and Sanofi. MCF has served on advisory boards, received honoraria for lectures and/or research grants from AMGEN, Almirall, AbbVie, Boehringer-Ingelheim, BMS, Galderma, Kyowa Kyirin, Incyte, LEO Pharma, Pierre Fabre, UCB, Lilly, Pfizer, Janssen, MSD, Novartis, Sanofi, Regeneron, and Sun Pharma. LB declares to have acted as a speaker and/or consultant for AbbVie, Almirall, Eli-Lilly, Johnson & Johnson, LeoPharma, Novartis, Pfizer, Sanofi, and UCB outside the submitted work. KP has served on an advisory board and received honoraria for lectures from AbbVie, Almirall, Beiersdorf, BMS, Lilly, Galderma, Leo Pharma, Perre Fabre, Philogen, Novartis, Sanofi, Sun Pharma, and Janssen outside of the submitted work. MG declares to have acted as speaker and/or consultant for AbbVie, Almirall, Eli-Lilly, Johnson & Johnson, LeoPharma, Novartis, and Sanofi, outside the submitted work. The other authors have no competing interests to declare.

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