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Appendix S1

Table SI

Screening interview and physical examination

Screening was done using a structured interview. Patients were asked about:

- Joint pain and location
- Time of day with worst complaints
- Worsening or improvement on exertion
- Joint swelling and location
- Rubor and calor of joints
- Swelling of Achilles tendon
- Inflammatory back pain according to ASAS criteria (36)
- Morning stiffness in minutes

Physical examination entailed:

- 68 tender joint count
- 66 swollen joint count
- dactylitis count
- SPARCC enthesitis index (37)
- Leeds enthesitis index (38)

Table SII. Possible predictors for concomitant PsA in Pso patients

		Pos only	Pso+PsA
N		225	78
Treatment history			
Non-systemic	UV-therapy	184/225 (82%)	67/78 (86%)
	Dithranol	77/148 (34%)	32/78 (41%)
Conventional	All	170/225 (76%)	73/78 (94%)
Systemic drugs	Methotrexate	140/225 (62%)	70/78 (90%)
	Acitretin	50/175 (22%)	27/78 (35%)
	Fumaric Acid	92/225 (41%)	34/78 (44%)
	Cyclosporin	38/225 (17%)	18/78 (23%)
Biologicals/	All	72/225 (32%)	50/78 (64%)
small molecule	TNF-inhibitor	56/225 (25%)	44/78 (56%)
inhibitors	IL17-inhibitor	10/225 (4%)	14/78 (18%)
	IL23-inhibitor	1/225 (1%)	2/78 (3%)
	IL12/IL23 p40 inh.	31/225 (14%)	20/78 (26%)
	PDE4-inhibitor	4/225 (2%)	4/78 (5%)
Skin disease			
At start	Scalp ^a	67/206 (33%)	23/71 (32%)
	Inversea	9/206 (4%)	2/78 (3%)
Ever	Scalp	208/225 (93%)	75/78 (96%)
	Inverse	125/225 (56%)	43/78 (55%)
	Erythroderma	20/225 (9%)	11/78 (14%)
Current	Scalp ^b	102/224 (46%)	36/78 (46%)
	Inverse ^b	49/224 (22%)	14/78 (18%)
Nail disease			
Ever	All ^b	107/224 (48%)	53/78 (68%)
	Pitting	134/225 (60%)	56/78 (72%)
	Oil drop	64/225 (28%)	36/78 (46%)
	Onycholysis	108/225 (45%)	55/78 (71%)
	Crumbling	84/225 (37%)	44/78 (56%)
	Splinter haemorrhage	47/225 (21%)	15/78 (19%)
Current	Pitting ^c	95/181 (53%)	38/71 (54%)
	Oil drop ^c	89/181 (49%)	34/71 (48%)

	Onycholysis ^c	118/181 (65%)	48/71 (68%)
	Crumbling ^c	67/181 (37%)	23/71 (32%)
	Splinter haemorrhage ^c	146/181 (81%)	53/71 (75%)
Joint complaints	-		•
Ever	Non-trauma joint pain	164/225 (73%)	75/78 (96%)
	Swollen joints ^b	75/224 (34%)	60/78 (77%)
	Swollen digit	48/225 (21%)	43/78 (55%)
	Heel pain ^b	55/224 (25%)	26/78 (33%)
	Heel swelling	22/225 (10%)	11/78 (14%)

PDE = phosphodiesterase; IL = interleukin; PsA = psoriatic arthritis; Pso = psoriasis; TNF = tumour necrosis factor; UV= ultraviolet.

a = missing in 19 patients with Pso only, and 7 patients with Pso+PsA; b = missing in 1 patient with Pso only; c = missing in 44 patients with Pso only, and 7 patients with Pso+PsA

Table SIII. Odds ratios of possible predictors for concomitant PsA in Pso patients, univariable logistic regression analysis

		Odds ratio	95% CI	P
Demography				
Female sex		1.07	0.63 - 1.83	0.80
Smoking ever		0.74	0.43 – 1.28	0.28
Physically taxing job		1.25	0.66 - 2.36	0.49
Trauma past year		1.14	0.67 – 1.96	0.63
Family history	Pso	1.15	0.68 – 1.94	0.60
	PsA ^a	1.22	0.62 - 2.42	0.57
Comorbidity	MACE	1.09	0.48 - 2.46	0.83
	Depression	1.31	0.61 - 2.81	0.48
Treatment history	1			
Non-systemic	UV-therapy	1.36	0.66 - 2.79	0.41
	Dithranol	1.34	0.79 - 2.27	0.28
Conventional	All	4.72	1.82 - 12.28	0.01
Systemic drugs	Methotrexate	5.31	2.44 - 11.58	< 0.001
	Acitretin	1.85	1.06 - 3.25	0.03
	Fumaric Acid	1.12	0.66 - 1.88	0.68
	Cyclosporin	1.48	0.79 - 2.78	0.23
Biologicals/	All	3.80	2.21 - 6.52	< 0.001
small molecule	TNF-inhibitor	3.91	2.28-6.70	< 0.001
inhibitors	IL17-inhibitor	4.70	1.99 – 11.09	< 0.001
	IL23-inhibitor	5.90	0.53 - 65.93	0.15
	IL12/IL23 p40 inh.	2.16	1.15 - 4.07	0.02
	PDE4-inhibitor	2.99	0.73 - 12.24	0.13
Current therapy		,	I	
	No systemic	0.39	0.21 - 0.73	0.73
Conventional	All	0.78	0.45 -1.34	0.37
systemic drugs	Methotrexate	0.72	0.39 – 1.32	0.29
	Acitretin	1.09	0.28 - 4.20	0.91
	Fumaric Acid	0.60	0.17 - 2.16	0.44
Biologicals/	All	3.81	2.23 - 6.54	< 0.001
	TNF-inhibitor	2.27	1.18 – 4.35	0.01

small molecule	IL17-inhibitor	4.36	1.76 - 10.81	0.01
inhibitors	IL12/IL23 p40 inh.	2.91	0.18 - 47.07	0.45
Skin disease				
At start	Scalp ^b	0.99	0.56 - 1.77	0.98
	Inverse ^b	0.63	0.13 - 3.01	0.57
Ever	Scalp	2.04	0.58 - 7.17	0.27
	Inverse	0.98	0.59 - 1.65	0.95
	Erythroderma	1.68	0.77 - 3.69	0.19
Current	Scalp ^a	1.03	0.61 - 1.72	0.93
	Inverse ^a	0.78	0.40 - 1.51	0.46
Nail disease				
Ever	All ^a	2.32	1.35 - 3.99	0.01
	Pitting	1.73	0.99 - 3.03	0.06
	Oil drop	2.16	1.27 - 3.67	0.01
	Onycholysis	2.83	1.63 – 4.92	< 0.001
	Crumbling	2.35	1.40 - 3.93	0.01
	Splinter haemorrhage	0.90	0.47 - 1.72	0.75
Current	Pitting ^c	1.04	0.60 - 1.81	0.88
	Oil drop ^c	0.95	0.55 -1.65	0.85
	Onycholysis ^c	1.11	0.62 - 2.00	0.72
	Crumbling ^c	0.82	0.46 - 1.46	0.49
	Splinter haemorrhage ^c	0.71	0.37 - 1.35	0.29
Joint complaints				
Ever	Non-trauma joint pain	9.30	2.83 - 30.59	< 0.001
	Swollen joints ^a	6.62	3.65 – 12.01	< 0.001
	Swollen digit	4.53	2.62 - 7.84	< 0.001
	Heel pain ^a	1.54	0.88 - 2.69	0.13
	Heel swelling	1.52	0.70 - 3.29	0.29
Current	Joint pain	2.53	1.26 – 5.09	0.01
	Back pain	1.52	0.90 - 2.54	0.12
	Morning stiffness ≥ 30 min	2.47	1.28 – 4.77	0.01

Possible predictors for concomitant PsA were studied using univariable logistic regression. Groups consisted of patients with Pso only (N=225) and patients with Pso+PsA (N=78).

PDE = phosphodiesterase; IL = interleukin; MACE = major adverse cardiovascular event; PsA = psoriatic arthritis; Pso = psoriasis; TNF = tumour necrosis factor.

a = missing in 1 patient with Pso only; b = missing in 19 patients with Pso only, and 7 patients with Pso+PsA; c = missing in 44 patients with Pso only, and 7 patients with Pso+PsA.

Table SIV. Sensitivity analysis reclassifying suspected patients without referral

	Univariable	Multivariable
Therapy history:	7.84	5.42
All conventional systemic	(2.38 - 25.87)	(1.48 - 19.89)
Therapy history:	3.87	2.70
All biologicals/small molecule	(2.23 - 6.71)	(1.40 - 5.19)
inhibitors		
Current therapy:	0.31	
No systemic	(0.16 - 0.61)	
Current therapy:	0.71	
Methotrexate	(0.38 - 1.33)	
Nail disease ever:	2.24	
Pitting/holes	(1.29 - 3.88)	
Joint complaints ever:	13.37	5.83
Non-trauma joint pain	(3.18 - 56.13)	(1.31 - 25.91)
Joint complaints ever:	7.11	4.44
Swollen joints	(3.83 - 13.19)	(2.21 - 8.92)
Joint complaints ever:	4.82	2.56
Swollen digits	(2.76 - 8.42)	(1.32 - 4.96)
Joint complaints ever:	1.57	
Heel pain	(0.89 - 2.77)	
Joint complaints current:	2.32	
Joint pain	(1.15 - 4.68)	
Joint complaints current:	1.52	
Back pain	(0.90 - 2.57)	
Joint complaints current:	2.70	
Morning stiffness	(1.39 - 5.23)	
Intercept		-5.87
AUC		0.92

Patients with suspicion of PsA, who were unable to visit a rheumatologist, were categorized as Pso only for this analysis. Parameters with P < 0.20 in univariable logistic regression were entered in a multivariable model. Odds ratios (Pso only versus Pso+PsA) are depicted with 95% confidence intervals.

Table SV. Results of multivariable logistic regression analysis, active PsA versus Pso only/inactive PsA

	Univariable	Multivariable	
		Backward	Forward
Comorbidity:	2.83		
depression	(1.11 - 7.22)		
Treatment history:	6.15		
UV-therapy	(0.82 - 46.29)		
Treatment history:	2.17		
methotrexate	(0.80 - 5.88)		
Treatment history:	3.53	3.33	2.92
biological/smi	(1.54 - 8.08)	(1.44 - 7.71)	(1.24 - 6.88)
Nail disease ever:	2.91		
holes/pits	(1.20 - 7.08)		
Joint complaints	10.31	9.60	7.80
current:	(1.38 - 77.22)	(1.27 - 72.38)	(1.02 - 59.72)
Joint pain			
Joint complaints,	2.40		
current:	(1.07 - 5.38)		
Back pain			
Joint complaints,	3.81		2.34
current:	(1.63 - 8.92)		(0.96 - 5.70)
Morning stiffness			
Intercept		-4.91	-4.85
Area under curve		0.73	0.75

Possible predictors for active PsA in Pso patients were tested using multivariable logistic regression. After elimination of overlapping variables, predictors with a p-value ≤ 0.20 were inserted in the multivariable model. Odds ratios (Pso only/inactive PsA versus active PsA) are depicted with 95% confidence intervals.

Table SVI. Test performance of referral tool for active PsA at different cut-off points

	2 variable test	3 variable test
Cutoff ≥ 1	Sens: 95%	Sens: 96%
	Spec: 18%	Spec: 17%
Cutoff ≥ 2	Sens: 50%	Sens: 71%
	Spec: 72%	Spec: 67%
$Cutoff \ge 3$		Sens: 32%
		Spec: 93%

The questions in the 2 variable test are:

- 1. Have you ever used biologicals or small molecule inhibitors for your psoriasis? (i.e. TNF-alpha-inhibitors, IL-17-inhibitors, IL-23-inhibitors, ustekinumab or apremilast)
- 2. Are you currently having pain in your joints?

In the 3 variable test, an extra question is added:

3. Are you currently experiencing stiffness in joints and muscles upon arising in the morning, that lasts for more than 30 minutes?

Table SVII. Regression formula

Logit(P) = -4.89 (intercept)

- + (1.09 * treatment history with conventional systemics)
- + (1.06 * treatment history with biologics/small molecule inhibitors)
- + (1.44 * patient-reported history of non-trauma joint pain)
- + (1.45 * patient-reported history of swollen joints)
- + (0.87 * patient-reported history of swollen digits)