

Real-World Clinical Characteristics, Management, and Outcomes of 44 Paediatric Patients with Hypopigmented Mycosis Fungoides

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Hypopigmented mycosis fungoides is a rare form of mycosis fungoides that is characterized by achromic lesions, early onset of disease, a predilection for darker skinned populations, and a predominance of CD8+ T cells. Due to the rarity and heterogeneous presentation of hypopigmented mycosis fungoides, there are no criteria that clearly define the clinical characteristics and treatment regimens for this condition. This retrospective study of 44 paediatric patients with hypopigmented mycosis fungoides aimed to summarize their epidemiological and clinical characteristics and assess the effectiveness and safety of different treatment regimens. Clinical manifestations were further classified into 3 morphological groups: hypopigmented lesions, papules overlying hypopigmented lesions, and erythematous plaques overlying hypopigmented lesions. In addition, the results of this study suggest that interferon alpha might be an effective and well-tolerated therapy that could shorten the treatment time to complete response compared with other treatments. Maintenance therapy and long-term follow-up reduced the recurrence rate.

Key words: mycosis fungoides; hypopigmentation; cutaneous T-cell lymphomas; interferon.

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Mycosis fungoides (MF) is the most common primary cutaneous T cell lymphoma (1). Hypopigmented MF (hMF) is a rare clinical variant of MF that is most prevalent in young individuals and populations with darker skin types (2). Immunohistochemical (IHC) studies have demonstrated melanocyte damage and abnormal melanogenesis and suggested that the appearance of hypopigmented lesions might be attributable to the cytotoxic pathway of melanocyte destruction by CD8+ T cells (2, 3). Because of the rarity and heterogeneous presentation of this condition, there are currently no criteria that clearly define the characteristics of typical

SIGNIFICANCE

Hypopigmented mycosis fungoides is an uncommon clinical variant of mycosis fungoides with heterogeneous presentations. The clinical characteristics and treatments of this rare condition have not been clarified. This study retrospectively analysed the clinical characteristics, management, and outcomes of 44 paediatric patients with hypopigmented mycosis fungoides. The clinical manifestations were categorized into 3 morphological groups: hypopigmented lesions, papules overlying hypopigmented lesions, and erythematous plaques overlying hypopigmented lesions. Furthermore, the results of this study suggest that interferon alpha might be an effective treatment that shortens the treatment time to complete response. This study provides additional information about this malignant neoplasm.

hMF. Compared with patients with classical MF, patients with hMF often have a better prognosis (4–7).

This study describes the epidemiological and clinical profiles of patients with hMF onset in childhood at cutaneous lymphoma centre (Beijing, China), and classified the lesions into 3 morphological subgroups. The study also assessed the effectiveness and safety of different treatment regimens.

MATERIALS AND METHODS

This retrospective study analysed the data for all patients with MF onset during childhood from 1 January 2008 to 31 May 2022 at cutaneous lymphoma centre (mainly serves Asian population from China) and collected informed consent for study participation. The study was approved by the institutional ethics committee (The Institutional Review Board of Peking Union Medical College Hospital) (approval number ZS-3454D). The diagnosis of MF, including tumour-node-metastasis-blood (TNMB) classification and response criteria, was based on the guidelines of the World Health Organization and the European Organization for Research and Treatment of Cancer (8).

The inclusion criteria were: (i) persistent and/or progressive patches, papules, and/or plaques of varying sizes that were exclusively or predominantly hypopigmented (9); (ii) conclusive diagnosis of hMF confirmed by pathological examination; (iii) age less than 18 years at onset of disease. Patients who fulfilled at least 1 of the following criteria were excluded from the analysis: (i) incomplete clinical data; (ii) concomitant presence of another type of lymphoma; (iii) non-standard treatment process.

The following data were extracted from the medical records: sex, age at onset, latency period, lesion imaging findings and

characteristics, TNMB classification at the time of diagnosis, histopathological and IHC findings, treatment regimen, response to treatment, and follow-up data. Clinical response to therapy was defined as: complete response (CR, 100% clearance of skin lesions), partial response (PR, 50–99% clearance of skin disease compared with baseline), and stable disease (<25% increase to <50% clearance in skin disease compared with baseline) (10). Recurrence was defined as any disease relapse in a patient with CR.

In addition to the routine IHC required for the diagnosis of hMF, including CD4 and CD8, we also carried out programmed death 1 (PD1) (clone MX033; MXB Biotechnologies, Fuzhou, China), programmed cell death-ligand 1 (PD-L1) (clone E1L3N; MEDx, Suzhou, China) staining, and T-cell receptor (TCR) rearrangement. IHC was performed automatically using the Licia Bond Max fully automated IHC stainer. The expression of PD1 and PD-L1 within epidermotropic and dermal lymphoid infiltrates was scored as –, negative (<3%); +, rare-scattered (3–10%); or ++, numerous (10–30%). Genomic DNA was extracted using the TIANamp Micro DNA Kit (Tiangen Biotech, Beijing, China) in accordance with the manufacturer's protocol. Fragment analysis was performed using the IdentiClone TCR Gene Clonality Assay (BIOMED-2, InVivoScribe Technologies, San Diego, CA, USA). All results were independently determined by at least 2 experts.

Statistical analysis

Abnormally distributed continuous variables are expressed as median (interquartile range), and categorical variables are expressed as number (percentage). Non-parametric data with multiple comparisons were analysed by Kruskal–Wallis one-way analysis of variance followed by Holm's Stepdown Bonferroni procedure for adjusted *p*-values. Fisher's exact test was used for the comparison of the proportional composition between 2 categorical variables. Kaplan–Meier survival analysis was used to evaluate the association between treatment regimen and remission rate. Data were coded and analysed with IBM SPSS version 27.0 (IBM Corp., Armonk, NY, USA). *p*-values <0.05 were considered statistically significant.

RESULTS

Demographics

The cohort comprised 44 patients with hMF with Fitzpatrick phototypes III or IV. **Table I** summarizes the demographic data, lesion features, TNMB classification, and histopathology findings of the patients with hMF included in the study.

Lesion characteristics

Based on the lesion features and course of disease, the hMF skin lesion was classified into 3 morphological subgroups.

- Group I: localized or generalized hypopigmented macules, patches, or plaques (**Fig. 1a–c**).
- Group II: papules overlying hypopigmented lesions (**Fig. 1d–f**).
- Group III: erythematous plaques overlying hypopigmented lesions (**Fig. 1g–i**).

In our definition, the papules or erythematous plaques must coexist with the hypopigmented lesions, and hypo-

Table I. Clinical and epidemiological characteristics of 44 patients with hypopigmented mycosis fungoides

Characteristic	Values
Sex, <i>n</i> (%)	
Male	33 (75.0)
Female	11 (25.0)
M:F ratio	3.0
Age at onset, years, median (IQR)	8.5 (6, 10.4)
Range	2–17
Age at diagnosis, years, median (IQR)	11 (9, 14)
Range	4–24
Latency period, months, median (IQR)	24 (12, 60)
Range	2–192
Morphological group, <i>n</i> (%)	
Group I ^a	14 (32.0)
Group II ^b	19 (43.0)
Group III ^c	11 (25.0)
Desquamation, <i>n</i> (%)	
Yes	17 (39.0)
No	27 (61.0)
Atrophy, <i>n</i> (%)	
Yes	2 (5.0)
No, <i>n</i> (%)	42 (95.0)
Location	
Non-photoexposed	44 (100.0)
Photoexposed	_d
TNMB classification, <i>n</i> (%)	
T1aNOM0B0-IA	2 (4.5)
T1bNOM0B0-IA	1 (2.3)
T2aNOM0B0-IB	30 (68.2)
T2bNOM0B0-IB	11 (25.0)
Histopathology, <i>n</i> (%)	
Epidermotropism	29 (65.9)
Pautrier's microabscess	15 (34.1)
CD4/CD8 (<i>n</i> =26), <i>n</i> (%)	
Mixed infiltration	14 (53.8)
CD8 pre	10 (38.5)
CD4 pre	2 (7.7)

^aGroup I: Localized or generalized hypopigmented macules, patches, or plaques.

^bGroup II: Papules overlying hypopigmented lesions. ^cGroup III: Erythematous plaques overlying hypopigmented lesions. ^dTen patients (22.7%) had lesions in photoexposed areas such as the face or neck, although the lesions were predominantly located on photoprotected areas.

pre: predominance; IQR: interquartile range; M: male; F: female.

pigmented lesions must be the primary manifestation of the patient's lesions. The 3 morphological groups are not necessarily continuous.

Kruskal–Wallis tests showed no significant difference between the 3 morphological groups in the age at onset ($H=1.094, p=0.579$) (**Fig. 2a**). However, pairwise comparisons showed that patients with Group III lesions had a longer latency period and older age at diagnosis than patients with Group I lesions (adjusted $p=0.038$ for latency, adjusted $p=0.016$ for age) and Group II lesions (adjusted $p=0.003$ for latency, adjusted $p=0.032$ for age) (**Fig. 2**).

Desquamation was present in 17 patients (39%) with cutaneous lesions, with most having fine scales. Some patients had unusual clinical presentations. Patient 26 and patient 43 both had Group I lesion morphology and developed atrophic lesions based on their original hypopigmented patches. Patient 26 also had irregular purpuric lesions on both ankles. The distribution of lesions among all 44 patients was predominantly at non-photoexposed sites, including the trunk, buttocks, and extremities, particularly the proximal extremities. Ten patients (22.7%)

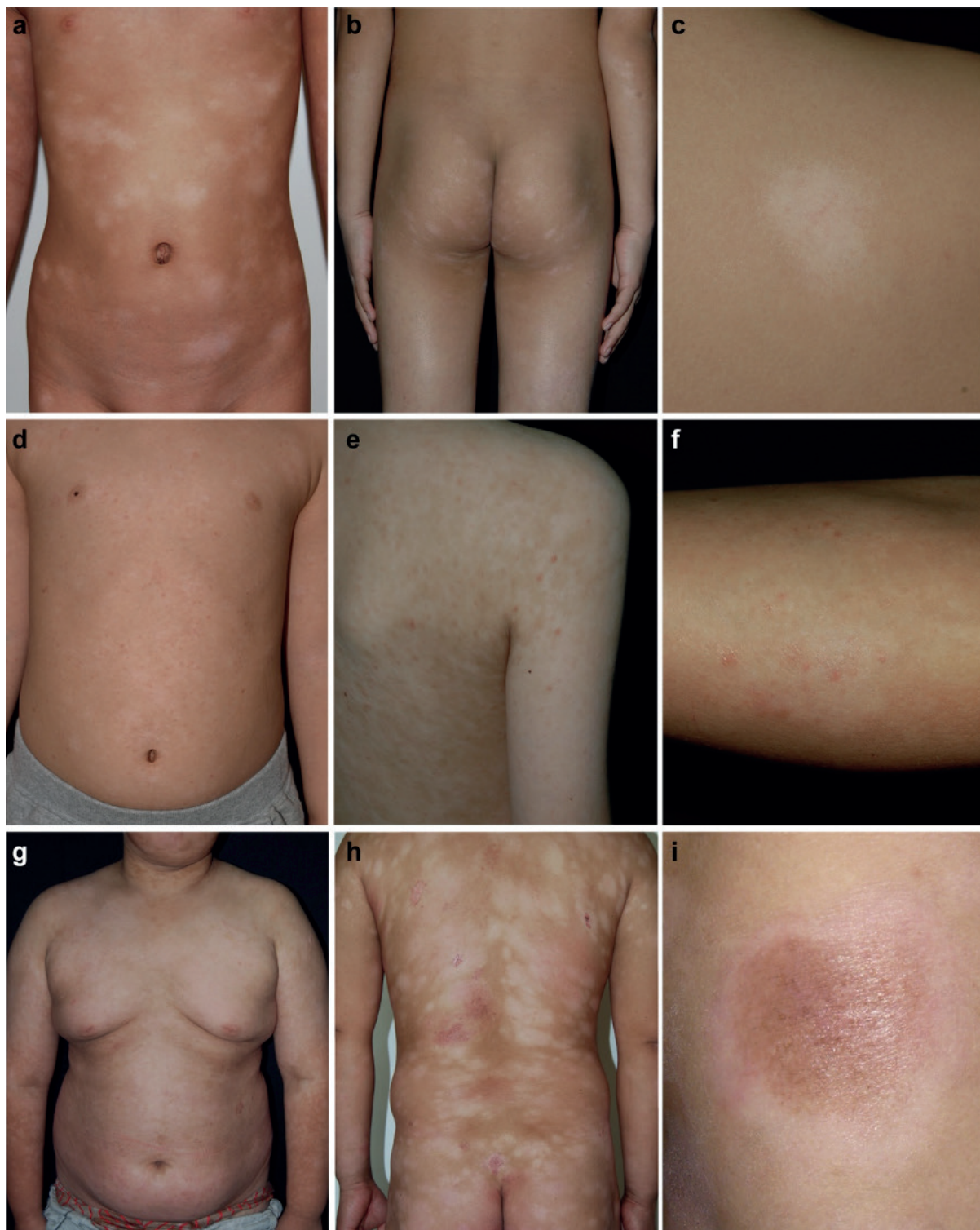


Fig. 1. Clinical spectrum of hypopigmented mycosis fungoides in a range of typical patients from Chinese cohort in our study. (a–c) Group I: Localized or generalized hypopigmented macules, patches, or plaques; (d–f) Group II: Papules overlying hypopigmented lesions; (g, h, i) Group III: Erythematous plaques overlying hypopigmented lesions.

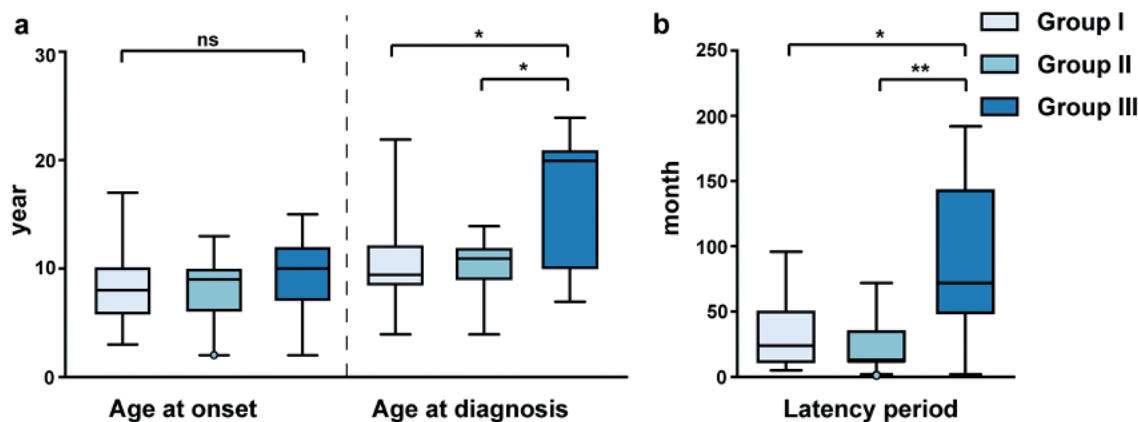


Fig. 2. Box plots of raw data for 3 morphological groups in 44 patients at the age at onset, age at diagnosis, and latency period. (a) Kruskal–Wallis tests showed no statistically significant difference between Group I–III in the age at onset ($H=1.094$, $p=0.579$). Pairwise comparisons of age at diagnosis revealed a statistically significant difference between Group I and Group III (adjusted $p=0.016$), and between Group II and Group III (adjusted $p=0.032$). (b) Pairwise comparisons of latency period indicated a statistically significant difference between Group I and Group III (adjusted $p=0.038$), and between Group II and Group III (adjusted $p=0.003$).

had lesions in photoexposed areas such as the face or neck, although the lesions were predominantly located on photoprotected areas.

Histopathology, immunohistochemistry and T-cell receptor rearrangement

Epidermotropism was observed in 29 patients (65.9%), and Pautrier's microabscess was observed in 15 patients (34.1%). It was observed that the lymphocytes infiltration increased in density and depth from Group I to Group III (Fig. S1). IHC examinations showed a predominance of CD8-positive lymphocytes in 10 patients (38.5%), predominance of CD4 positive lymphocytes in 2 patients (7.7%), and mixed infiltration of CD8- and CD4-positive lymphocytes in 14 patients (53.8%) ($n=26$, Table I).

Formalin-fixed, paraffin-embedded skin-punch biopsy specimens from 36 patients were chosen to undergo PD1/PD-L1 staining and TCR rearrangement detection. PD1 expression (+/++) was observed in 6 patients (16.7%), while PD-L1 expression (+/++) was observed in 24 patients (66.7%) ($n=36$, Fig. S2, Tables SI, SII). There were no significant differences between the 3 morphological groups in the expressions of PD1 ($p=0.613$) and PD-L1 ($p=0.855$) (Table SI).

The TCR gene rearrangement results were clonal or positive in 3 patients (9.4%), and polyclonal or negative in 29 patients (90.6%) ($n=32$, Table SII). Among the 3 patients with TCR gene rearrangement, monoclonal rearrangements were found in 1 patient for TCR β , 1 patient for TCR γ , and 2 patients for TCR δ . One patient (3.1%) had 2 or more TCR rearrangements occurring in a single specimen (Table SII).

Tumour-node-metastasis-blood classification

All 44 patients were classified as T1a (4.5%), T1b (2.3%), T2a (68.2%) or T2b (25%) using the TNMB classifica-

tion criteria, with no internal involvement or metastases (Table I).

Treatment and follow-up

Twenty-four of 44 patients received continuous treatment in our centre. Data on response to initial treatment were available for these 24 patients. The remaining 20 patients were not treated at our institution because they returned to local hospital with the diagnosis of hMF or were lost to follow-up. The main treatment regimens and follow-up data are summarized in **Table II**.

Among the 24 patients treated in our centre, 22 (91.7%) achieved CR, while 2 (8.3%) achieved PR. Both patients with PR received narrowband ultraviolet B (NBUBV). One of these patients subsequently received a combination of ultraviolet A (UVA) and the other was subsequently treated with UVA and interferon (IFN) alpha. These 2 patients are still being followed up. There was no significant difference between the 4 treatment regimens in the rate of CR ($p=0.645$). However, Kaplan–Meier

Table II. Treatment and follow-up data of the 24 patients

Characteristic	Values
Treatment regimen	
NBUBV	14 (58.3)
NBUBV + UVA	1 (4.2)
NBUBV + IFN	7 (29.2)
NBUBV + UVA + IFN	2 (8.3)
Response	
CR	22 (91.7)
PR	2 (8.3)
Recurrence ($n=22$)	
Yes	2 (9.1)
No	20 (90.9)
Treatment time to CR (months) ($n=22$, median (IQR))	6 (5, 9.3)
Range	4–12
Follow-up duration, months, median (IQR)	35 (17, 87.5)
Range	12–146

NBUBV: narrowband ultraviolet B; UVA: ultraviolet A; IFN: interferon; CR: complete response; PR: partial response; IQR: interquartile range.

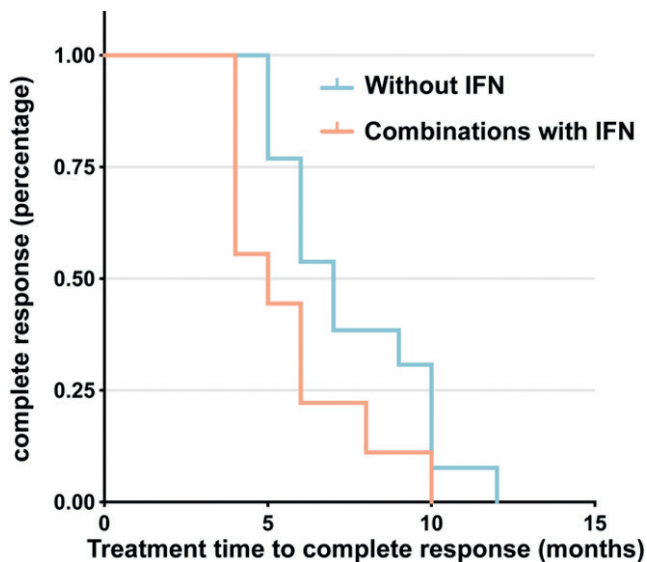


Fig. 3. Kaplan-Meier analysis demonstrated a superior remission rate over time in the group that received narrowband ultraviolet B (NBUVB) or NBUVB + ultraviolet A (UVA) treatment in combination with interferon (IFN) compared with the group that received NBUVB or NBUVB + UVA treatment without IFN (Breslow $p=0.037$). The median time to complete response was 5 months (95% confidence interval (95% CI) 2.1–7.9 months) in the group that received NBUVB or NBUVB + UVA treatment plus IFN and 7 months (95% CI 5.6–8.4 months) in the group that received NBUVB or NBUVB + UVA treatment without IFN.

survival analysis found that the median time to CR was shorter in the group that received NBUVB or NBUVB + UVA treatment combined with IFN (5 months, 95 CI% 2.1–7.9 months) than in the group that received NBUVB or NBUVB + UVA treatment without IFN (7 months, 95 CI% 5.6–8.4 months). Furthermore, IFN therapy achieved a superior remission rate over time compared with other treatments (Breslow $p=0.037$) (Fig. 3).

Two patients experienced relapse, giving a global frequency relapse rate of 9.1%. The relapse-free survival times for the 2 patients were 4 months and 24 months. Both patients were able to achieve CR again using the same treatment regimen as the initial regimen.

A total of 24 patients were followed up for a median follow-up of 35 months (range 12–146 months) and had an overall survival of 100%. No patients developed progression or died as a result of hMF or treatment. Among the 20 patients who were not treated in our centre, 13 (65%) achieved CR, 1 (5%) achieved PR, 4 patients (20%) were untreated and achieved SD, and 2 patients (10%) were lost to follow-up.

DISCUSSION

hMF is an unusual subtype of MF that is typically more prevalent in younger individuals with darker skin types and has a better prognosis than other types of MF (2, 11, 12). hMF is histopathologically similar to classical MF, but IHC reveals a predominance of CD8+ T cells. There have been some cohort studies of hMF in recent

Table III. Prior studies of hypopigmented mycosis fungoides

Study and country	Patients, males/females n	Age at diagnosis, years	Latency period, months	Lesion characteristics	TNMB classification	CD8+ pre %	TCR status	Treatment	Treatment response (n/rate)	Progression to ≥IIB	Recurrence rate	
Current series	44, 33/11	11 (median)	24 (median)	Hypopigmented only: 14 Papules: 19 Erythematous plaques: 11 Hypopigmented only	IA: 3 IB: 41 NS	38.5%	3/32	NBUVB, UVA, IFN, TCS, TCI, Nitrogen mustard	CR: 22 PR: 2	None	9.1%	
Shi et al. (13), 2022, China	32, 21/11	16.5 (median)	NS	Hypopigmented only: 39 Erythematous plaques: 9 Hypopigmented only: 4	NS	63.33%	2/5 β; β+γ	TCS, Nitrogen mustard PUVA, NBUVB, TCS, TCI, Prednisone Topical/systemic retinoids NBUVB, TCS	Excellent: 30 Not promising: 2 CR: 47%	NS	NS	
Dominguez-Gómez et al. (14), 2021, Mexico	48, 29/19	27.3 (mean)	NS	Scaly erythemas: 5 Hypochromic only	IA: 1 IB: 8 IA: 10 IB: 10	NS	66.7%	PUVA, NBUVB, Radiotherapy Nitrogen mustard, TCS	CR: 1 PR: 6 CR: 10 PR: 8 NR: 2 CR: 8 AWD: 6	None	None	
*Chen et al. (15), 2021, China	9, 8/1	10.5 (median)	24 (median)	Hypochromic only	IA: 10 IB: 10	NS	NS	PUVA, NBUVB, Radiotherapy Nitrogen mustard, TCS	CR: 10 PR: 8 NR: 2 CR: 8 AWD: 6	IIB: 1 (death after 4 years) IIIA: 1 None	NS	NS
Amorim et al. (4), 2018, Brazil	20, 10/10	47.5 (median)	36 (median)	Hypopigmented only: 18 Depigmented: 1 Hyperpigmented: 1	IA: 8 IB: 12	58.3%	NS	PUVA, NBUVB Nitrogen mustard, TCS	CR: 8 AWD: 6	None	75%	
Rodney et al. (9), 2017, USA	20, 10/10	37.5 (mean)	63.6 (mean)	Hypopigmented only: 23 Erythematous or pigmented: 4 Hypopigmented only: 30 Hyperpigmented: 2	IA: 8 IB: 12	80%	16/35	NS PUVA, NBUVB, Radiotherapy TCS, TCI	NS CR: 13 NR: 1 CR or PR: 45.7%	NS	NS	
Furlan et al. (16), 2014, Brazil	20, 6/14	32.5 (median)	102 (median)	Erythematous only: 1	IA: 8 IB: 11 IIA: 1	51.9%	NS	NS PUVA, NBUVB, Radiotherapy TCS, TCI	NS CR: 13 NR: 1 CR or PR: 45.7%	NS	NS	
Hassab-El-Naby et al. (17), 2013, Egypt	27, 18/9	38.65 (mean)	39.12 (mean)	Hypopigmented only: 23 Erythematous or pigmented: 4	IA: 21 IB: 6	66.7%	16/35	PUVA, NBUVB, TCS	CR: 13 NR: 1 CR or PR: 45.7%	NS	NS	
*Castano et al. (5), 2013, USA	35, 19/16	12.6 (mean)	NS	Hypopigmented only: 30 Hyperpigmented: 2 Erythematous: 3	NS	66.7%	NS	PUVA, NBUVB, TCS	CR: 13 NR: 1 CR or PR: 45.7%	Plaque/tumor stage: 1	NS	
Wongpararut et al. (18), 2012, Thailand	9, 3/6	42.2 (mean)	2–120	Hypopigmented only: 8 Erythematous: 1	IA: 8 IB: 1	NS	NS	PUVA, NBUVB	CR: 6 PR: 3	NS	66.7%	
Kanokrungruee et al. (19), 2012, Thailand	11, 7/4	28 (median, age at onset)	12 (median)	Hypopigmented only	IA: 5 IB: 6	NS	NS	NBUVB	CR: 7 PR: 4 NS	None	50%	
Khopkar et al. (20), 2011, India	15, 10/5	32.2 (mean)	45.96 (mean)	Hypopigmented only: 10 Polioiderma: 4 Erythematous patches: 1	NS	80%	NS	NS	NS	NS	NS	

pre: predominance; NS: not specified; NBUVB: narrowband ultraviolet B; UVA: ultraviolet A; PUVA: psoralen plus ultraviolet A; IFN: interferon; TCS: topical corticosteroids; TCI: topical calcineurin inhibitors; CR: complete response; PR: partial response; NR: no response; AWD: alive with disease; TCR: T-cell receptor. *Studies of childhood/juvenile-onset hypopigmented mycosis fungoides.

years (**Table III**) (4, 5, 9, 13–20). The current study retrospectively summarized the clinical characteristics and treatment regimens of 44 patients diagnosed with hMF in childhood at our centre.

Consistent with some previous studies (14, 17), the male to female ratio of the 44 included patients was 3:1, showing an obvious male predilection. The current study confirmed that hMF affected mainly younger patients, with a median age at onset of 8.5 years and a median age at definitive diagnosis of 11 years. This was also corroborated by previous groups (5, 13–15, 19). Different groups have reported different intervals between disease onset and diagnosis (4, 9, 15–17, 19). In the current study, the interval from disease onset to diagnosis ranged from 2 months to 16 years, with a median of 24 months. In comparison with previous reports (4, 9, 13, 14, 16–20), patients treated for hMF at our cutaneous lymphoma centre were younger and had improved diagnosis and treatment outcomes.

As there are no standardized criteria for defining hMF, the lesion characteristics vary among patients involved in different studies (**Table III**). Based on our clinical data, we categorized hMF lesions into Group I–III morphologically (**Fig. 1**). We also observed that fine scales were common secondary lesions, and observed some unusual secondary presentations, such as atrophy and irregular purpura. Further analysis revealed that patients with Group III lesions were older at the time of diagnosis and had a longer latency period than those with Group I and Group II lesions, although there was no difference between Group I–III in the age of onset (**Fig. 2**). As erythematous lesions usually have a deeper and denser infiltration of atypical lymphoid cells than hypopigmented lesions (15), we postulated that the latency period was correlated with the severity of hMF; that is, the longer the latency period, the more likely the patient was to show more progressive clinical manifestations of Group III lesions. The diversity in the manifestations of hMF has been reported in many studies (4, 13, 16, 19), but no study has performed an in-depth analysis of lesion morphology.

Regarding the distribution of hMF lesions, the primary lesions of all patients were found in non-exposed areas, which was similar to other types of MF. The face or neck was involved in 10 patients (22.7%) in our paediatric cohort, even though these areas were generally not affected. The proportion of patients with lesions on the face and neck was higher in the younger age group (age 0–18 years) than in other age groups with hMF (5, 9, 15). This suggests that children may be more likely to develop hMF lesions on exposed areas such as the face and neck than adults. However, this hypothesis needs to be verified in further studies.

The PD1/PD-L1 pathway is an immune checkpoint pathway that plays a key role in regulating excessive immune responses (21). No studies have evaluated the

PD1/PD-L1 expression levels specifically in patients with hMF. In some studies focusing on MF or Sézary syndrome, high expression of PD1 and/or PD-L1 is associated with advanced disease and lower overall survival (22, 23). In the current cohort, the differences in the PD1/PD-L1 expression level between Group I–III and treatment outcome groups did not reach statistical significance.

The assessment of TCR gene rearrangement has become an important adjuvant testing to assist in the diagnosis of hMF (24, 25), and associated with prognostic factors in MF (25–27). In the current cohort, most cases did not show TCR gene rearrangement and the positive rate was lower than classical MF and Sézary syndrome, which may be due to the fact that all our patients were early MF (3 were stage IA and 41 were stage IB) (28). There were no significant differences in main clinical characteristics or treatment outcomes between TCR gene rearrangement positive and negative patients (**Table SIII**). However, the positive (+/++) rate of PD1/PD-L1 staining and TCR gene rearrangement tended to be higher in Group III than in Group I&II, although the differences were not statistically significant (**Table SI**).

The treatment of hMF adhered to the treatment guidelines for early MF (29, 30). As shown in **Table II**, phototherapy was the most common treatment regimen. UVA combined with NBUBV was used to treat deeply infiltrated patches. In general, our treatment regimens yielded encouraging results, with 22 (91.7%) patients achieving CR and 2 (8.3%) patients achieving PR.

For patients with widespread hMF lesions at the time of diagnosis, rapid recent progression, or a strong desire to shorten the remission time, we suggested the addition of IFN to the initial treatment regimen (31–33). In the current study, IFN alpha (Intefen[®], 3SBio Inc., Shenyang, China) was administered intramuscularly 3 times a week at a low dose of approximately 1–3 million units each time. The common adverse reactions associated with IFN alpha were flu-like symptoms, such as fever, fatigue, headache and arthralgia; these symptoms disappeared after 1–3 treatments in most patients. The duration of treatment depended on the degree of remission of the skin lesions, and was usually between 3 and 6 months. Although the number of patients in the current study was small, the time taken to reach CR was significantly shorter for the group that received NBUBV or NBUBV + UVA treatment in combination with IFN than the group that received NBUBV or NBUBV + UVA treatment without IFN (median treatment time 5 months vs 7 months; Breslow $p=0.037$, **Fig. 3**). Furthermore, dark-skinned individuals reportedly have a poor response to NBUBV, possibly owing to a photoprotective effect of melanin (34). IFN may be a viable option for such patients.

Patients with hMF required persistent treatment and long-term follow-up. In the current cohort, no patients experienced deterioration or died from the disease or

related treatments, indicating that hMF in childhood has an excellent prognosis. The recurrence rate in our cohort was 9.1%, which was lower than that reported in previous studies (range 20–89%) (Table III) (9, 14, 17–19, 35). This might be because even if the lesions were completely cleared, we still recommended the continuation of treatment, usually NBUVB, for another 1–2 years with a gradual reduction in the frequency of treatment sessions. Although hMF has a good prognosis, there is a risk of disease progression or even death in some instances, especially for patients who fail to continue treatment or who remain untreated for a long time (4–7). Therefore, it is imperative to always treat hMF as a malignant neoplasm with lethal potential and frequent relapses.

The limitations of this study were the retrospective design, small sample size, and effects of small amount of punch biopsy tissue and the long preservation time regarding the results of additional IHC and TCR gene rearrangement detection.

In conclusion, this study describes a cohort of paediatric patients with hMF who had clinical and pathological characteristics that were similar, but also differed from, the characteristics reported in previous studies. The hMF skin lesions were classified into 3 morphological subgroups and the results indicated that patients with a longer latency period were more likely to manifest Group III lesions, defined as more progressive than Group I&II. Finally, the results showed that IFN alpha was an effective and well-tolerated therapy for hMF in select patients, and that the addition of IFN shortened the time to CR. These results show that hMF in childhood has an indolent course and a good prognosis. The results also indicate that maintenance therapy and long-term follow-up could reduce the recurrence rate.

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The study was approved by the institutional ethics committee (approval number ZS-3454D).

The authors have no conflicts of interest to declare.

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