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## Appendix S1

Cancer Rehabilitation Questionnai	ire (CRO)
1. After my cancer diagnosis or treatment, I experienced some changes in physical ability	r □ No Please indicate by ticking the box of the symptoms you experience □ Difficulty opening mouth, swallowing or chewing □ Change in my posture □ Persistent Fatigue □ Pain / Aching If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ Stiffness If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ Weakness If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ Weakness If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ Swelling If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ Swelling If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ Swelling If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ Swelling If so, where? Head / Neck / Upper limbs / Lower Limbs / Other area: □ I am less able to perform everyday activities (e.g. leisure activities/ household chores/self-care/ work) after my cancer diagnosis. □ I feel unsteady in my walking. □ I have experienced falls / near falls in the last year. □ I get breathless more easily. Please list any additional cancer or
2. I am applying transforment for the	treatment-related symptom that you experience:
2. I am seeking treatment for the issue(s).	□ Yes
3. I know where to find treatment for the issue(s).	🗆 Yes
4. If you need therapy to help with the above problems, how frequently will you be able/	□ Once every 2 weeks

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willing to attend the sessions in hospital?	□ Not at all
5. Do you foresee difficulties	🗆 No
coming for therapy sessions in hospital?	<ul> <li>□ Yes If yes, what are the difficulties? (you can check more than 1 option)</li> <li>□ Transport</li> <li>□ I need someone to accompany me to NUH</li> <li>□ Too busy</li> <li>□ Too tired / do not feel well enough to travel</li> <li>□ Too expensive</li> <li>□ Other difficulties:</li> </ul>
Please tell us about yourself:	
Age	15-20 20-30 30-40 40-50 50-60 60-70 70-80 >80
Gender	Male/ Female
Occupation	
Cancer type / stage / area of involvement	
Treatment Status and Type	□ Completed treatment / □ Still undergoing treatment
Years since diagnosis	
Any other relevant details/ complications affecting function:	