### Appendix S1: Search string

### Search string: Ovid MEDLINE(R) ALL <1946 to May 14, 2021>

Hip fracture. mp. OR exp Hip Fractures/ OR (fracture.mp. AND femur neck.mp. OR exp Femur Neck/) OR Femoral Neck Fractures.mp. OR exp Femoral Neck Fractures/ OR (Intertrochanteric.mp. AND fracture.mp) OR (Subtrochanteric.mp. AND fracture.mp) OR (pertrochanteric.mp. AND fracture.mp) OR ((exp Osteoporosis/ or Osteoporosis.mp. OR exp Osteoporotic Fractures/ OR Osteoporotic.mp.) AND fracture.mp) AND exp Rehabilitation/ or rehabilitation.mp. OR exp Exercise/ OR Exercise.mp. OR Recovery of Function.mp. OR exp "Recovery of Function"/ OR Multifactorial intervention.mp. OR activities of daily living.mp. OR exp "Activities of Daily Living"/ OR convalescence.mp. OR exp Convalescence/ AND quality adjusted life years.mp. OR exp Quality-Adjusted Life Years/ OR QALY.mp. OR exp Cost-Benefit Analysis/ or cost-utility.mp. OR cost.mp. or exp "Costs and Cost Analysis"/ OR cost-effectiveness.mp.

### Search string ALL Embase Classic+Embase <1947 to 2021 May 14>

hip fracture.mp. OR exp hip fracture/ OR femoral neck fracture.mp. OR (exp femoral neck fracture/ OR fracture.mp. AND exp fracture/ OR femur neck.mp. OR exp femoral neck/) OR (interthrochanteric.mp. OR exp femur intertrochanteric fracture/ AND exp fracture/ OR femur neck.mp) OR (exp femur subtrochanteric fracture/ OR subtrochanteric.mp. AND exp fracture/ OR femur neck.mp) OR (exp femur pertrochanteric fracture/ OR pertrochanteric.mp. AND exp fracture/ OR femur neck.mp) OR (exp osteoporosis/ or osteoporosis.mp. OR osteoporotic.mp. OR exp fragility fracture/ AND exp fracture/ OR femur neck.mp) AND rehabilitation.mp. OR exp rehabilitation/ OR exercise.mp. OR exp exercise/ OR Recovery of Function.mp. OR exp convalescence/ OR functional recovery.mp. OR Multifactorial intervention.mp. OR activities of daily living.mp. OR exp daily life activity/ AND quality adjusted life years.mp. OR exp quality adjusted life year/ OR QALY.mp. OR cost-effectiveness.mp. OR exp "cost effectiveness analysis"/

#### Scopus

TITLE-ABS-KEY ("intertrochanteric fracture\*") OR TITLE-ABS-KEY ("Hip fractur\*") OR TITLE-ABS-KEY ("pertrochanteric fracture\*") OR TITLE-ABS-KEY ("Gemoral neck fractur\*") OR TITLE-ABS-KEY ("Osteoporotic fracture\*" AND hip) OR TITLE-ABS-KEY ("osteoporosis fractur\*" AND hip) AND TITLE-ABS-KEY (rehabilitation) OR TITLE-ABS-KEY (exercise) OR TITLE-ABS-KEY (recovery) OR TITLE-ABS-KEY (convalescence) OR TITLE-ABS-KEY ("Multifactorial intervention") OR TITLE-ABS-KEY ("Activities of daily living") OR TITLE-ABS-KEY (adl) AND TITLE-ABS-KEY (cost-effectiveness) OR TITLE-ABS-KEY (qaly) OR TITLE-ABS-KEY ("quality adjusted life years")

#### HTA – Center for review and dissemination

(("Hip Fractures"[mh]) OR (Hip fracture) OR (femoral neck fractur\*) OR (osteoporotic fractur\* AND hip) OR (osteoporos\* fractur\* AND hip)) AND ((ADL) OR ("Activities of Daily Living"[mh]) OR (Multifactorial intervention) OR (Convalescence) OR (Recovery) OR ("Recovery of Function"[mh]) OR (Exercise) OR ("Exercise"[mh]) OR (Rehabilitation) OR ("Rehabilitation"[mh]))

#### International HTA database

(("Hip Fractures"[mh]) OR (Hip fracture) OR (femoral neck fractur\*) OR (osteoporotic fractur\* AND hip) OR (osteoporos\* fractur\* AND hip)) AND ((ADL) OR ("Activities of Daily Living"[mh]) OR (Multifactorial intervention) OR (Convalescence) OR (Recovery) OR ("Recovery of Function"[mh]) OR (Exercise) OR ("Exercise"[mh]) OR (Rehabilitation) OR ("Rehabilitation"[mh]))

#### Econlit via Proquest

Hip fracture OR "osteoporo\* fracture\*"

#### Academic search premier: Ebsco

DE "HIP joint fractures" OR "Hip Fractures" OR "femoral neck fracture" OR "pertrochanteric OR "subtrochanteric fracture" OR "intertrochanteric fracture" OR ("osteoporotic fracture" AND Hip) OR ("osteoporosis fracture" AND HIP) AND DE "REHABILITATION" OR Rehabilitation OR DE "EXERCISE" OR exercise OR recovery OR convalescence OR DE "CONVALESCENCE" Exploted OR "Multifactorial intervention" OR "activities of daily living" OR DE "ACTIVITIES of daily living" exploted AND cost utility OR DE "QUALITY-adjusted life years" OR "quality adjusted life year" OR "cost-effectiveness" OR DE "COST effectiveness"

#### Cochrane library: CDSR and Central

Hip fractures [Mesh] OR Hip fracture OR Femoral Neck Fractures [Mesh] OR Femoral neck fractures OR femur neck fracture\* OR intertrochanteric fracture\* OR pertrochanteric fracture\* OR subtrochanteric fracture\* OR Osteoporotic fractures [Mesh] OR Osteoporotic fracture\* OR "osteoporosis fracture" AND Rehabilitation [Mesh] OR Rehabilitation OR Exercise [Mesh] OR Exercise OR Exercise OR Recovery of Function [Mesh] OR "recovery of function" OR "functional recovery" OR Convalescence OR "Multifactorial intervention" OR "activities of daily living" OR ADL AND quality adjusted life years [Mesh] OR "quality adjusted life year\*" OR QALY OR Cost-utility OR Cost-benefit analysis [Mesh] OR Cost-effectiveness

#### Cinahl via Ebsco

(MH "Hip Fractures+") OR ""hip fracture"" OR "femoral neck fracture" OR "femur neck fracture" OR "intertrochanteric fracture" OR "pertrochanteric fracture" OR "subtrochanteric fracture" OR (MH "Osteoporotic Fractures") OR "osteoporotic fractures" AND (MH "Rehabilitation+") OR "Rehabilitation" OR (MH "Exercise+") OR "exercise" OR (MH "Recovery+") OR "functional recovery" OR "convalescence" OR "Multifactorial intervention" OR (MH "Activities of Daily Living+") OR "activities of daily living" AND (MH "Quality-Adjusted Life Years") OR "quality adjusted life year" OR QALY OR (MH "Costs and Cost Analysis") OR "cost effectiveness"

# Appendix S2 –Dataextraction

Data extraction Milto	e, R.		
Study	Cost-effectiveness of individualized nutrition and exercise therapy for		
	rehabilitation following hip fracture		
General study char			
First author and	Milte, R. 2016		
year of publication			
Trial completion	2010		
year			
Source of funding	National Health and Medical Research Council (426758). Australian Postgraduate Award and Flinders University Research Scholarship.		
Competing	Not stated		
interests			
Publication type	Journal paper		
Setting	Three acute care settings and one rehabilitation setting in Australia		
person	Home-dwelling persons' aged 70 years or above, absence of severe		
characteristics	cognitive impairments and body mass index between 18 and 35 kg/m <sup>2</sup> . No		
	pathological fracture and not admitted from a residential aged care facility		
	and able to ambulate, communicate with staff in English and medically		
	stable within 14 days post-surgery.		
Intervention type	A coordinated and individualized care plan for each participant, focusing		
	on strength and balance exercises and nutritional therapy. The exercises		
	were based on the Otago exercise programme, combining strength, balance,		
	and walking training undertaken 3 times per week. Participants were visited		
	by the trial physical therapist every 14 days to progress exercises.		
	Dietary strategies included dietary counselling focusing on timing, size,		
	and frequency of meals, recommendations of nutrient-rich foods and		
	recipes, referral to community meal programmes, and provision of commercial oral nutritional supplements or commercial protein powders as		
	deemed appropriate.		
	Participants were visited by the trial dietitian every 14 days (alternately to		
	physical therapist visits) to review dietary intake and modify strategies. For		
	10 weeks		
usual physical	Usual rehabilitation programmes recommended during hospitalization,		
rehabilitation and	social visits weekly from trial staff and generic nutrition, exercise and falls		
care	prevention information.		
Eligibility criteria	Same as trial population		
Study perspective	healthcare sector perspective including use of community services such as		
	residential care		
Type of EE	Cost-utility analysis		
Analytic method	Trial based		
	Study methods and outcome		
Time frame of EE	6 months		
Discount rate costs	Not described due to timeframe		
Discount rate	Not described due to timeframe		
effects			
Inflation rate	Not described		
Type and category	Hospital and municipal resource use		
of costs			

Data source of	Person reported and registries
resource use	
Methods for identifying resource use	Healthcare utilization was collected with questionnaires provided to the person at weekly visits by trial staff for the duration of the 6-month intervention. Utilization of medical and pharmaceutical benefits items were requested from the Medical Benefits Scheme and the Pharmaceutical Benefits Scheme, which included claims for eligible pharmaceuticals, medical and other health worker consultations, laboratory and radiological procedures, and other medical procedures
Assumptions for measurement of resources	None stated
Methods used to calculate unit costs	Costs were adjusted to 2010 prices using a consumer price index and was valued by applying accepted unit costs to utilization of health care services recorded at individual level from National Hospital Cost Data Collection and Department of Veteran Affairs.
Costs reported or converted currency	Health resource cost 45.331 AUD (intervention) 44.764 AUD (control) diff=567 AUD (-6.166, 7.300)
Data source of effects	Effect was measured at baseline to give a retrospective analysis of HRQoL in the 6 months prior to fracture, and in the past week at 6-month follow-up. This was to determine the rate of return to pre-fracture HRQoL
Methods of measurement of effects	Health gain was assessed using the AQoL-4D questionnaire.
Methods of valuation of effects	Valuation was based on the preference weights of 350 members of the Australian general population.
Effects Incremental cost— effectiveness ratios	QALY gain 0.155 (intervention) 0.139 (control) diff=0.02 (-0.027, 0.059)  The incremental cost-effectiveness ratio was \$AUD 28,350 per quality-adjusted life year gained.
Analyses of uncertainty (e.g. sensitivity analyses)	Probabilistic sensitivity analysis was used to assess uncertainty of ICER estimate, by re-sampling the original data to replicate the result of the ICER 1000 times. Giving an empirical estimate of the sampling distribution.
Outcome(s) of analyses of sensitivity analyses	ICER = 28.350 AUD intervention dominates to 51.768 AUD. The level of uncertainty indicates the true mean lies between less costs and higher health gain and just above the willingness-to-pay threshold on 50.000 AUD.
Authors' conclusions	A comprehensive 6-month programme of physical rehabilitation from dietitians and physical therapists could be provided at a relatively low additional cost in this group of home-dwelling persons after hip fracture. The incremental cost-effectiveness ratio indicates likely cost-effectiveness, although there was a very high level of uncertainty in the findings.

Data extraction Taraldsen, R.		
Study	Short and long-term clinical effectiveness and cost-effectiveness of a late-	
phase community based balance and gait exercise program following hip		
	fracture. The EVA-hip randomized controlled trial	

General study characteristics			
First author and	Taraldsen, R. 2019		
year of publication			
Trial completion	2014		
year			
Source of funding	Norwegian Women's Health Association and the Norwegian Extra		
	Foundation for Health and Rehabilitation through the EXTRA funds, the		
	Norwegian Fund for Postgraduate Training in Physiotherapy, and the		
	Liaison Committee between the Central Norway Regional Health Authority		
	(RHA), Trondheim Municipality, and the Norwegian University of Science		
	and Technology (NTNU)		
Competing	Authors declared no competing interests		
interests			
Publication type	Journal paper		
Setting	persons was recruited during admission at Trondheim Hospital and		
	received the intervention in own home by physiotherapist from the		
	Municipality of Trondheim		
person	Evaluation of eligibility was performed in two steps, first during		
characteristics	hospitalization and at baseline registrations at 4 months.		
	During hospitalization: eligible persons were home dwelling prior to the		
	fracture, lived in the municipality of Trondheim, were 70 years or older,		
	diagnosed and underwent surgery for intra-capsular or extra-capsular hip		
	fractures (femur neck, pertrochanteric and suntrochanteric fractures (ICD-		
	10 S72.0-S72.2)). persons were excluded if the fracture was pathological,		
	life expectancies were less than 3 months, they were unable to walk 10 m		
	(with or without walking aids) prior to the fracture or were participating in		
	conflicting research projects.		
	At baseline after 4 months: participants were excluded after a medical		
	examination if they had contraindications for training (unstable medical		
	conditions) or were bedridden.		
Intervention	In addition to usual rehabilitation and health care intervention persons		
	received a home-based programme starting 4 months post-surgery.		
	Sessions was supervised by a physiotherapist twice weekly for 10 weeks,		
	each session lasting approximately 45 minutes. The programme consisted		
	of the following five weight-bearing exercises, all entailing change in base		
	of support: 1) walking; 2) stepping in a grid pattern; 3) stepping up on a		
	box; 4) sit-to-stand; and 5) lunge. Each exercise was described at five		
	difficulty levels to allow for the standardized registration of		
	individualization and progression. Progression was obtained by introducing		
	variations in the task to challenge weight transfer, increasing movement		
	speed, adding weight by using weight-vests, introducing more complex		
	combinations of movements, and by adding secondary tasks (dual task		
	condition). Exercises were meant to be performed without compensating		
	strategies such as hand support or asymmetric weight bearing. Ten		
	physiotherapists with varying background and experience were responsible		
	for administering the exercise programme, as part of their ordinary work in		
	the municipality.		

Usual physical	The control group received treatment as usual, which included a variety of		
rehabilitation and	different approaches, from no follow-up at all to quite extensive		
care	interdisciplinary rehabilitation in their homes or in an institution.		
	persons in the intervention group were given a choice whether to continue		
	the treatment they already received in addition to the exercise programme		
	they were randomized to, or to postpone this too after completing the		
	exercise intervention.		
Eligibility criteria	Same as trial population		
Study perspective	Broad healthcare sector perspective		
Type of EE	Cost-utility analysis		
Analytic method	Trial based		
Study methods and	outcome		
Time frame of EE	8 months measured from 4 month baseline to 12 month follow-up.		
Discount rate costs	Not described		
Discount rate	Not described		
effects			
Inflation rate	Not described		
Type and category	Utility of healthcare sector services including physiotherapy, home-based		
of costs	services, nursing-home stays, general practitioner visits and hospital		
	services		
Data source of	Resource use was collected from national and local registries including		
resource use	medical records from hospital and municipality.		
Methods for	Hospital services (inpatient, day patient or outpatient services) and		
identifying	medications was collected from the patient hospital medical records. Data		
resource use	on use of health services delivered by the municipality units was collected		
	from the patient municipality records, e.g., home-based services and short-		
	term nursing home stay. The use of services from general practitioners and		
	private physiotherapists was collected from the Norwegian Directorate of		
	Health.		
Assumptions for	None stated		
measurement of			
resources			
Methods used to	persons utilization of primary care and hospitalization was combined with		
calculate unit costs	unit costs to calculate cost per person. Valuation of cost was calculated		
	from the fee-for-service information from Helfo and measured in 2012		
	euros.		
Costs reported or	Mean total cost intervention 26219 euro (SD 25468) control 25976 (SD		
converted currency	2863 total costs difference 242.9 (-8.8, 8.6)		
Data source of	Effect was measured as health-related quality of life by the EuroQol-5		
effects	dimension-3L (EQ-5D-3L).		
Methods of	Health gain was assessed using the EQ-5D- 3L questionnaire at 4 month		
measurement of	baseline and 12 month follow-up at an outpatient clinic and at the		
effects	movement laboratory at the hospital. persons unable or reluctant to		
	participate was offered home visits.		
Methods of	The different health states generated from the EQ-5D-3L were assigned		
valuation of effects	values from the UK time-trade-off tariff.		
Effects	Intervention 0.73 (0.23) control 0.73 (0.33) no difference in effect		
Incremental cost—	ICER can't when effects is 0		
effectiveness ratios			

Analyses of	The uncertainty of the ICER was assessed by bootstrapping, using 1000			
uncertainty (e.g.	bootstrap samples from the original data set (including the missing values)			
sensitivity	and performing MI for each bootstrap sample			
analyses)				
Outcome(s) of	Of the 1000 replicates, 63% gave a negative QALY difference (points to			
analyses of	the left of the vertical line, a gain in favor of control), and 51% of the			
sensitivity analyses	replicates gave higher costs for the intervention group (points above the			
	horizontal line). The probability that the intervention was cost-effective			
	was below 39% for any ICER ceiling ratio below 150 000 EUR per QALY			
	gained			
Authors'	A relatively short home-based, supervised exercise program targeting			
conclusions	balance and gait had an immediate and lasting small effect on gait speed			
	and an effect on lower limb function without an increase in total health care			
	costs. However, a tendency to include the fitter participants, a relatively			
	high number of participants who were unable to complete the intervention			
	and no apparent effect on daily life activities or self-reported health			
	outcomes suggest that more comprehensive approaches are required to			
	maximise recovery following hip-fracture			

Data extraction Pres	tmo, A.	
Study	Comprehensive geriatric care for persons with hip fractures: a prospective, randomised, controlled trial	
General study char	acteristics	
First author and year of publication	Prestmo, A. 2015	
Trial completion year	2010	
Source of funding	This study was funded by the Norwegian Research Council, the Central Norway Health Authority, the St Olav Hospital Trust, Department of Neuroscience at the Norwegian University of Science and Technology, the Foundation for Scientific and Industrial Research at the Norwegian Institute of Technology (SINTEF) and St Olav Hospital Fund for Research and Innovation, and the Municipality of Trondheim. Co-author SEL received support from the Oxford NIHR Musculoskeletal Biomedical Research Unit, Nuffi eld Orthopaedic Centre, University of Oxford and from the National Institute for Health Research (NIHR) Collaboration for Leadership in Applied Health	
Competing interests	Authors declared no competing interests	
Publication type	Journal paper	
Setting	persons were recruited in the emergency ward and was allocated to an orthopaedic ward for orthopaedic care or a geriatric ward for comprehensive geriatric care.	
Person characteristics	Home-dwelling people aged 70 years or older who had been able to walk 10 m before the fracture were eligible. (persons living in their homes or sheltered housing, or who were staying temporarily in any kind of institution were defined as home-dwelling.) We excluded persons with pathological fractures, multiple traumas, or a short life expectancy, or who were living permanently in nursing homes or already participating in the investigation.	

usual physical rehabilitation and care	The clinical pathway for comprehensive geriatric care was organised both before and after the operation as a systematic and interdisciplinary process, with an emphasis on comprehensive medical assessment and treatment, initiation of rehabilitation through mobilisation, and planning of discharge started early. Individualised rehabilitation plans were developed for persons who were discharged directly home. The number of staff members per bed was higher in the comprehensive geriatric care unit than in the orthopaedic care unit (nurses 1·67 vs 1·48, doctors 0·13 vs 0·11, physiotherapist 0·13 vs 0·09, and occupational therapist 0·13 vs 0·00). The orthopaedic ward was relocated to a new hospital building on 1 Sept, 2009.  Preoperative and postoperative care was undertaken in the two wards by separate teams. persons in both groups of the trial received care and physiotherapy in accordance with national and international guidelines. Geriatricians or other doctors with skills in the management of older people did not routinely visit the orthopaedic ward, and orthopaedic specialists did not routinely visit the geriatric ward. By request, for only a few persons, geriatricians briefly assessed persons receiving orthopaedic care; vice versa, the orthopaedic surgeon assessed a few persons receiving		
	comprehensive geriatric care.		
Eligibility criteria	Same as trial population		
Study perspective	Broad healthcare sector perspective		
Type of EE	Cost-utility analysis		
Analytic method	Trial based		
Study methods and			
Time frame of EE	12 months from baseline to 12 month follow-up.		
Discount rate costs	Not described		
Discount rate	Not described		
effects	N 1		
Inflation rate	Not described		
Type and category of costs	use healthcare sector resources.		
Data source of	Utility of health services was collected in administrative systems,		
resource use	municipal persons records and registries.		
Methods for identifying resource use	All information concerning the index stay was collected from St Olav Hospital's patient administrative system. Post discharge hospital service utilisation data was collected from St Olav Hospital's patient administrative system and institutional rehabilitation data from the Norwegian Patient Register, with supplementary information from the municipal patient records. Nursing home utilisation data and information on resource consumption of primary health and social care services were collected from municipal patient records, with two exceptions: visits to general practitioners (GPs) and visits to physiotherapist were collected from the Norwegian Health Economics Administration		
Assumptions for measurement of resources	There was no missing data on the use of resources except for one person who withdrew consent for further collection of data during hospital treatment.		
Methods used to calculate unit costs	Published unit costs were used if available; otherwise information from local experts and municipal web-sites was used to establish unit cost. All cost values are presented in 2010 Euro (EUR). The average exchange rate in 2010 was eight Norwegian kroner (NOK) to one EUR.		

	The unit cost of the index stay was calculated as the sum of surgical treatment cost and length of stay (LOS) multiplied by per diem cost. Surgical treatment cost was assumed equal across groups and calculated based on published data. The cost per diem of care in the orthogeriatric and the orthopaedic ward was calculated separately on the basis of staff level differences3 and wage cost information from the hospital accounting system multiplied by an over-head. The staff category specific wage costs per full time equivalent were equal across Comprehensive Geriatric Care (CGC) and Orthopaedic Care (OC), with staff category levels as the only difference. Staff level per person in CGC and OC groups respectively were: nurses 1·67/1·48, medical doctors 0·13/0·11, physiotherapists 0·13/0·09 and occupational therapists 0·13/0·00.  The unit cost for institutional rehabilitation was gathered from the municipality and private care providers. The costs of nursing home services are calculated by using average per diem costs for these services, as they are reported to Statistics Norway. Other primary health and social care services include home nursing care, hour based rehabilitation, home care services, safety alarm, meals-on-wheels, visits to day centre and GP services, for which published unit costs were applied, except for safety		
	alarm and meals-on-wheels.		
Costs reported or	Total cost of intervention was 54 332 euro (SD 38 048) total cost of control		
converted currency	was 59.486 (SD 44301) Difference was -5154 euro (-13.311, 3007)		
Data source of	Effect was measured as health-related quality of life by the EuroQol-5		
effects	dimension-3L (EQ-5D-3L).		
Methods of	At baseline all persons were given an equal EQ-5D-3L baseline score based		
measurement of	on a systematic review of osteoporosis-related utility values to 12 month		
effects	follow-up. The twelve month follow-up was done at the hospital. For very sick persons the data collection was done wherever they resided.		
Methods of	The different health states generated from the EQ-5D-3L were assigned		
valuation of effects	values from the UK time-trade-off tariff.		
Effects	QALY gain intervention 0.52 (SE 0.22) control 0.45 (SE 0.23) difference 0.09 (0.02, 0.16)		
Incremental cost—	The ICER was calculated to €–71 751 per QALY gained favoring the		
effectiveness ratios	intervention.		
Analyses of	Uncertainty about the incremental cost-effectiveness ratio (ICER) was		
uncertainty (e.g.	estimated by bootstrapping the costs and effects 1000 times.		
sensitivity			
analyses)			
Outcome(s) of	Bootstrap results suggest that comprehensive geriatric care has a 99%		
analyses of	probability of being cost effective compared with orthopaedic care, with		
sensitivity analyses	the assumption of a threshold of €62 500 per QALY gained.		
Authors' conclusions	This is the first trial to show benefit and cost effectiveness when persons		
CONCIUSIONS	aged 70 years or older with hip fractures are admitted directly to a geriatric ward for comprehensive geriatric care. Existing guidelines suggest that		
	treatment of older persons with fragility fractures should be organised as orthogeriatric care. The present study supports these recommendations for older persons with hip fractures, and shows that preoperative and postoperative orthogeriatric management of these persons improves outcomes for 4 months, and for at least 1 year after surgery, compared with		
	treatment in traditional orthopaedic trauma wards.		

## Appendix S3. Quality criteria.

Quality criteria. Checklist used for Risk of Bias assessment, using Drummonds Checklist (2)			
Question	Criteria for Yes		
Research question well defined?	Was it clear what the authors was trying to do?		
Comprehensive description of alternatives?	Was the physical rehabilitation and care internvention and		
	its comparator explicitly described?		
Effectiveness of program established?	Was the results based on a randomized trial and did it		
	reflect what would happened in regular practice?		
Important & relevant costs & consequences	Were all important cost and outcomes to the applied		
for each alternative identified?	perspective identified		
Costs & consequences measured accurately	Was the cost reported in appropriate units: the hours		
& appropriately?	working time, number of visits, lost workdays, 'gained		
	life years', and presented in a disaggretated form?		
Costs & consequences valued credibly?	Were cost and outcomes valued correctly		
Costs & consequences adjusted for	Was outcome and cost reported in present value? Did the		
differential timing?	authors appropriately discound value from trial conduct		
	year to year of publication?		
Incremental analysis of costs &	Were the incremental costs analyzed in relation to the		
consequences performed?	additional benefit it delivers, and was it appropriate?		
Allowance made for uncertainty in	Were the main areas of uncertainty considered and		
estimates?	described in uncertainty analysis?		
Presentation & discussion of study results	Was the weaknesses of the analysis and how results was		
include all issues of concern to users?	reached discussed? Helping readers interpret their results.		

## Appendix S4 costs included

Included cost to health care perspecti	ive.		
	Secondary sector		
Cost included +/-	Milte et al	Taraldsen et al	Prestmo et al
Somatic hospital stay	+	+	+
Psychiatric hospital stay	-	+	-
Outpatient visit somatic	+	+	+
Outpatient visit psychiatric	-	+	1
Surgery	-	-	+
Hospital stay post discharge	-	-	+
Ambulatory rehabilitation	+	-	1
	Primary sector		
Rehabilitation stay	+	+	+
Nursing home stay	+	+	+
Home care	+	+	+
Physical therapists	+	+	+
Private physical therapists	-	+	1
Occupational therapists	-	+	-
Other allied health visits	+	-	1
Home care services	+	+	+
Safety alarms	-	+	+
Meal on wheels	-	+	+
Daycenter visits	-	+	+
General practitioner	+	-	+
Dietetics visits	+	-	-
Protein supplements	+	-	-
Medication	+	-	-
Medical test claimed	+	-	
Procedures claimed	+	-	-
Other claims	+	-	-

## Appendix S5 – Transferability assessment

Transferability between Milte. R 2016 and Den	ımark		
General knockout criteria			
Countries	Australia	Denmark	
The evaluated technology is not comparable to the one that shall be used in the decision country		Passed	
The comparator is not comparable to the that is relevant to the decision country		Passed	
The study does not poses an acceptable quality		Passed	
	Correspondence between study (Australia) and decision country (3)	ICER of decision country based on ICER of study country is:	
Methodological characteristics			
Perspective	Health care sector perspective including community costs	Medium to high	
Discount rate	Not described due to timeframe	Unbiased (short)	
Medical cost approach	High	unbiased	
Productivity cost approach	Not relevant		
Medical system characteristics			
Absolute and relative prices in health care	High	High	
Practice variation	Low (description of setting limited)	High	
Technology assess	High	Unbiased	
Population characteristics			
Disease incidence/prevalence	High	Unbiased	
Case-mix	High	Unbiased	
Life expectancy	High	Unbiased	
Health status preferences	High	Unbiased	
Acceptance, compliance and incentives to persons	High	Unbiased	
Productivity and work-loss time	Not relevant	_	
Disease spread	High	Unbiased	

Transferability between Taraldsen, R. 2019 and Denmark				
General knockout criteria				
Countries	Norway	Denmark		
The evaluated technology is not comparable to		Passed		
the one that shall be used in the decision country				
The comparator is not comparable to the that is		Passed		
relevant to the decision country				
The study does not poses an acceptable quality		Passed		
	Correspondence between study	ICER of decision country		
	(Australia) and decision	based on ICER of study		
	country (3)	country is:		
Methodological characteristics				
Perspective	Broad health care sector	High		
	perspective			
Discount rate	Not described	Unbiased (short)		
Medical cost approach	High	unbiased		
Productivity cost approach	Not relevant			
Medical system characteristics				
Absolute and relative prices in health care	High	Unbiased		
Practice variation	High	Unbiased		
Technology assess	High	Unbiased		
Population characteristics				
Disease incidence/prevalence	High	Unbiased		
Case-mix	High	Unbiased		
Life expectancy	High	Unbiased		
Health status preferences	High	Unbiased		

Acceptance, compliance and incentives to	High	Unbiased
persons		
Productivity and work-loss time	Not relevant	
Disease spread	High	Unbiased

Transferability between Prestmo, A. 2015 and Denmark				
General knockout criteria				
Countries	Norway	Denmark		
The evaluated technology is not comparable to		Passed		
the one that shall be used in the decision country				
The comparator is not comparable to the that is		Passed		
relevant to the decision country				
The study does not poses an acceptable quality		Passed		
	Correspondence between study (Australia) and decision country (3)	ICER of decision country based on ICER of study country is:		
Methodological characteristics				
Perspective	Broad health care sector	High		
	perspective			
Discount rate	Not described	Unbiased (short)		
Medical cost approach	High	unbiased		
Productivity cost approach	Not relevant			
Medical system characteristics				
Absolute and relative prices in health care	High	Unbiased		
Practice variation	High	Unbiased		
Technology assess	High	Unbiased		
Population characteristics				
Disease incidence/prevalence	High	Unbiased		
Case-mix	High	Unbiased		
Life expectancy	High	Unbiased		
Health status preferences	High	Unbiased		
Acceptance, compliance and incentives to	High	Unbiased		
persons				
Productivity and work-loss time	Not relevant			
Disease spread	High	Unbiased		

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