

Appendix S2

The ICF ClinFIT Set (Simple Pilot Version)

Date		☐ Admission	☐ Mid-term	☐ Discharge
Patient:		Please enter the evidence-informed rating		
Clinician:		No Problem		Complete Problem
1	b130 Energy and drive functions <i>Psychological energy and motivational drive to move towards goals, satisfy needs and control impulses</i>	0	1 2 3 4 5 6 7 8 9	10
2	b134 Sleep functions <i>Cycle, quality and amount of sleep</i>	0	1 2 3 4 5 6 7 8 9	10
3	b152 Emotional functions (G) <i>Mental functions for the modulation of the expression of feelings and emotions</i>	0	1 2 3 4 5 6 7 8 9	10
4	b280 Sensation of pain (G) <i>Unpleasant sensation indicating potential or actual damage of some body structure</i>	0	1 2 3 4 5 6 7 8 9	10
5	b455 Exercise tolerance functions <i>Capacity of enduring physical exertion related to respiratory and cardiovascular functions</i>	0	1 2 3 4 5 6 7 8 9	10
6	b620 Urination functions <i>Voluntary control and discharge from the urinary bladder</i>	0	1 2 3 4 5 6 7 8 9	10
7	b640 Sexual functions <i>Mental and physical functions related to the sexual act</i>	0	1 2 3 4 5 6 7 8 9	10
8	b710 Mobility of joint functions <i>Range and ease of movement of a joint</i>	0	1 2 3 4 5 6 7 8 9	10
9	b730 Muscle power functions <i>Capacity to generate force through the contraction of a muscle or muscle groups</i>	0	1 2 3 4 5 6 7 8 9	10
10	d230 Carrying out daily routine (G) <i>Plan, manage and complete routine daily life activities</i>	0	1 2 3 4 5 6 7 8 9	10
11	d240 Handling stress and other psychological demands <i>Manage and control the psychological demands to carry out tasks demanding responsibilities involving stress and/or distractions and/or critical issues</i>	0	1 2 3 4 5 6 7 8 9	10
12	d410 Changing basic body position <i>Changing the body position (for example getting up from a chair, lying down on a bed, kneeling, bending down to pick up an object)</i>	0	1 2 3 4 5 6 7 8 9	10
13	d415 Maintaining a body position <i>Maintaining a body position in the way and for the time required by the situation</i>	0	1 2 3 4 5 6 7 8 9	10
14	d420 Transferring oneself <i>Moving from one surface to another while maintaining the same body position</i>	0	1 2 3 4 5 6 7 8 9	10
15	d450 Walking (G) <i>Moving in an upright position, step by step, always maintaining a support on the ground</i>	0	1 2 3 4 5 6 7 8 9	10
16	d455 Moving around (G) <i>Moving around differently from walking (for example running, going up and down the stairs, jumping, climbing, swimming, etc.)</i>	0	1 2 3 4 5 6 7 8 9	10
17	d465 Moving around using equipment <i>Moving around from one place to another, on any surface or space, by using specific tools (skates, skis, or scuba equipment) or assistive devices (wheelchair etc.)</i>	0	1 2 3 4 5 6 7 8 9	10

Supplementary material to article by B. Amatya et al. "A process evaluation of patient care needs using the Post-Stroke Checklist: a prospective study"

18	d470 Using transportation <i>Using different means of transportation to move around as a passenger</i>	0 1 2 3 4 5 6 7 8 9 10
19	d510 Washing oneself <i>Cleaning, washing and drying one's whole body, or body parts</i>	0 1 2 3 4 5 6 7 8 9 10
20	d520 Caring for body parts <i>Caring for skin, teeth, hair, finger and toe nails, genitals, etc. that require more than washing and drying</i>	0 1 2 3 4 5 6 7 8 9 10
21	d530 Toileting <i>Management of urination, defecation and menstruation including cleaning oneself afterwards</i>	0 1 2 3 4 5 6 7 8 9 10
22	d540 Dressing <i>Choosing, putting on and taking off clothes and footwear in accordance with climatic and social conditions</i>	0 1 2 3 4 5 6 7 8 9 10
23	d550 Eating <i>Eating food already served, in a coordinated sequence and adapted to the context</i>	0 1 2 3 4 5 6 7 8 9 10
24	d570 Looking after one's health <i>Ensuring health and physical and mental well-being by adopting a healthy lifestyle</i>	0 1 2 3 4 5 6 7 8 9 10
25	d640 Doing housework <i>Managing a household by cleaning and clearing up, washing clothes, using household appliances, disposing of garbage, etc.</i>	0 1 2 3 4 5 6 7 8 9 10
26	d660 Assisting others <i>Assisting others with their learning, communicating, self-care, movements and being concerned about their well-being</i>	0 1 2 3 4 5 6 7 8 9 10
27	d710 Basic interpersonal interactions <i>Interacting with people in a contextually and socially appropriate manner</i>	0 1 2 3 4 5 6 7 8 9 10
28	d770 Intimate relationships <i>Creating and maintaining close or romantic relationships between individuals, such as husband and wife, lovers or sexual partners</i>	0 1 2 3 4 5 6 7 8 9 10
29	d850 Remunerative employment (G) <i>Properly performing remunerative employment (full or part time or self-employed) in all its aspects</i>	0 1 2 3 4 5 6 7 8 9 10
30	d920 Recreation and leisure <i>Engaging in recreational or leisure activity (play, cultural and sports activities etc. during spare time)</i>	0 1 2 3 4 5 6 7 8 9 10

Total (Raw) Score	
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(G): ICF Category contained in the ICF Generic-7 Set