Table SI. Health behaviors and body composition according to Framingham risk score for 10-year CVD risk

Variables	Low risk (n=13)	Moderate risk (n=26)	High risk (n=22)	p for linear trend
Health behaviors				
Heavy alcohol intake, n (%)	2 (15.4)	4 (15.4)	3 (13.6)	0.874
Number of medications	1.1±1.1	1.0±1.0	1.5±1.2	0.282
Physical activity (METs-hr/d)	27.3±8.4	24.4±11.5	20.2±7.3	0.032
Body composition Parameters				
BMI (kg/m^2)	24.2±3.2	25.2±4.5	27.4±4.4	0.028
Skeletal muscle mass (kg)	17.9±5.7	19.5±4.7	20.6±4.7	0.130
Fat mass (kg)	26.6±6.9	28.5±8.6	31.2±8.2	0.098
Body fat (%)	43.7±6.9	43.0±9.0	44.0±7.7	0.846
Waist circumference (cm)	85.8±9.6	90.9±12.1	96.7±12.2	0.008
Neck circumference (cm)	35.9±4.0	38.0±2.6	40.6±4.0	<0.001

BMI: body mass index; CVD: cardiovascular disease.