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Fig. S1. EMG of the most affected side (A) and least affected side (B) leg muscles of participant 1 during baseline, post-intervention and follow-up measurements. 0 - 100% gait cycle starting at initial contact. Empty plots indicate muscles that were not recorded properly due to technical issues and were thus excluded from the analysis. (*TA*, tibialis anterior; *SOL*, soleus; *GAM*, gastrocnemius medialis; *PL*, peroneus longus; *VL*, vastus lateralis; *RF*, rectus femoris; *ST*, semitendinosus)

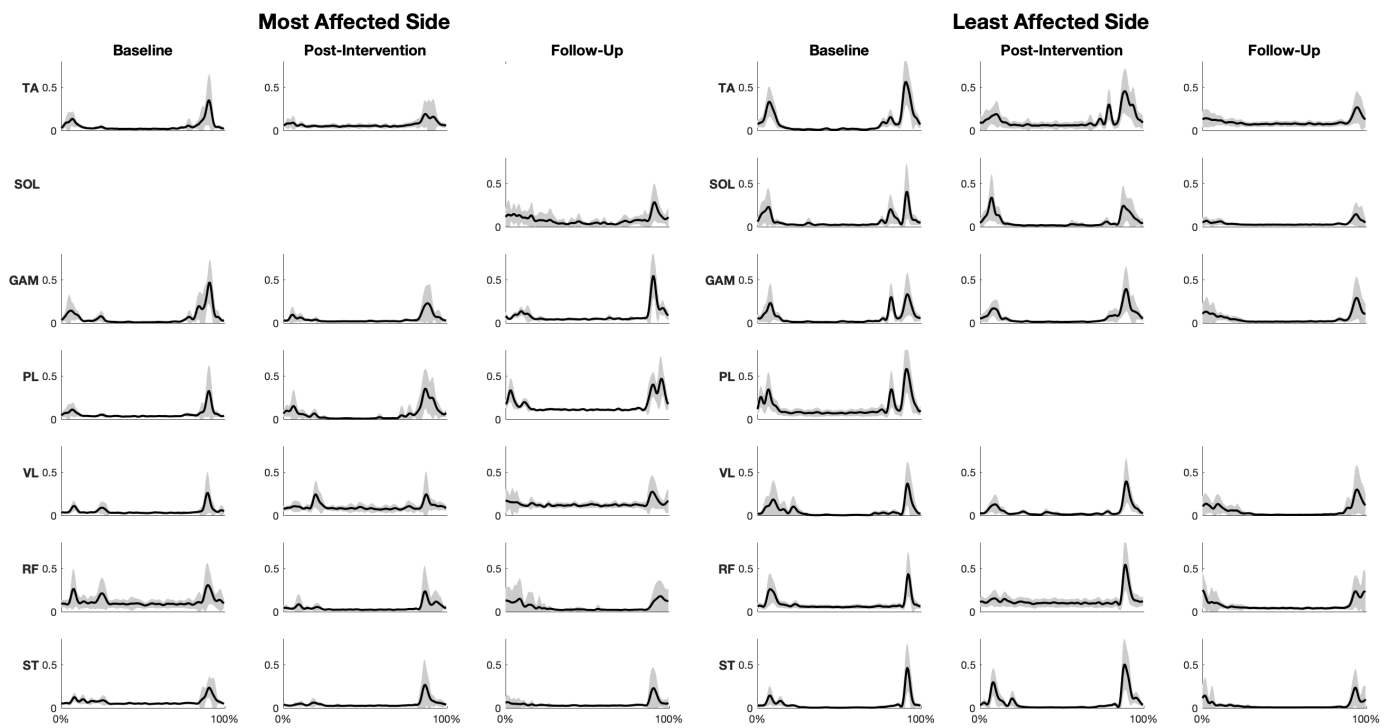


Fig. S2. EMG of the most affected side (A) and least affected side (B) leg muscles of participant 2 during the baseline, post-intervention and follow-up measurements. 0 - 100% gait cycle starting at initial contact. Empty plots indicate muscles that were not recorded properly due to technical issues and were thus excluded from the analysis. (*TA*, tibialis anterior; *SOL*, soleus; *GAM*, gastrocnemius medialis; *PL*, peroneus longus; *VL*, vastus lateralis; *RF*, rectus femoris; *ST*, semitendinosus)

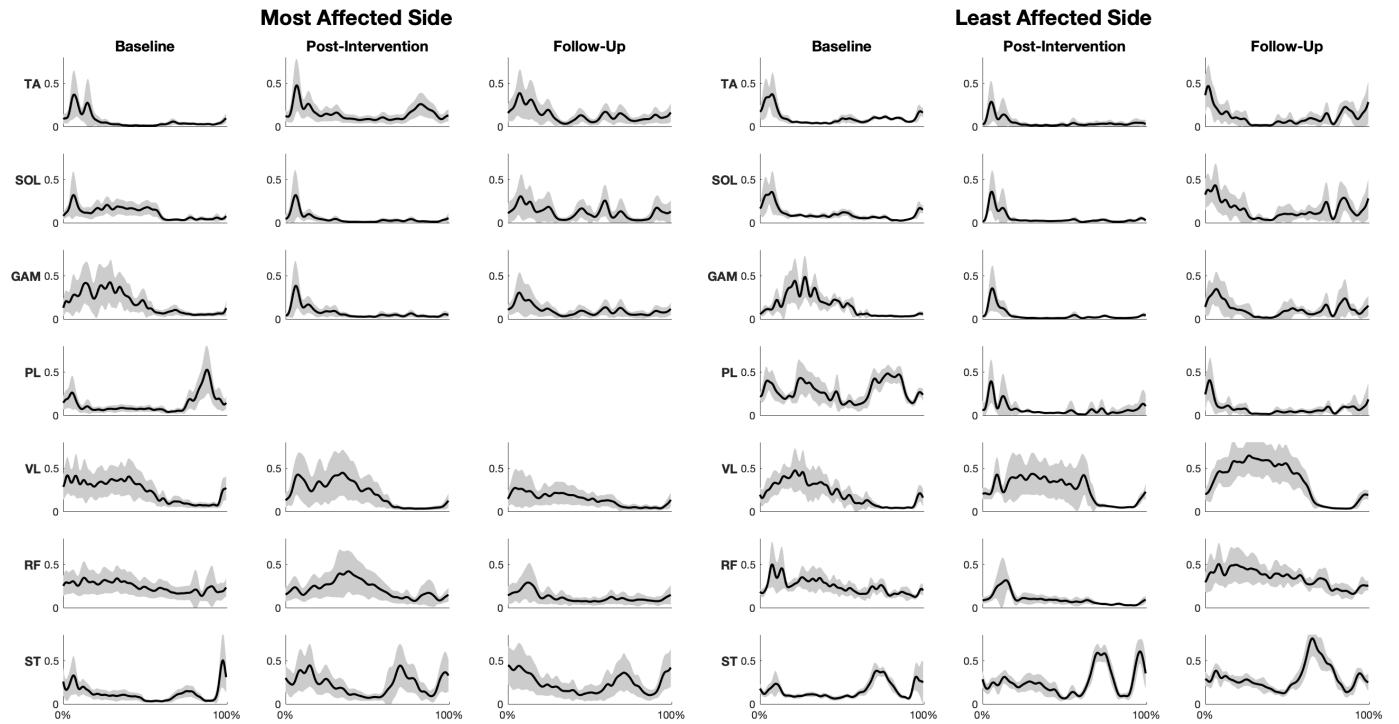


Fig. S3. EMG of the most affected side (A) and least affected side (B) leg muscles of participant 3 during the baseline, post-intervention and follow-up measurements. 0 - 100% gait cycle starting at initial contact. Empty plots indicate muscles that were not recorded properly due to technical issues and were thus excluded from the analysis. (*TA*, tibialis anterior; *SOL*, soleus; *GAM*, gastrocnemius medialis; *PL*, peroneus longus; *VL*, vastus lateralis; *RF*, rectus femoris; *ST*, semitendinosus)

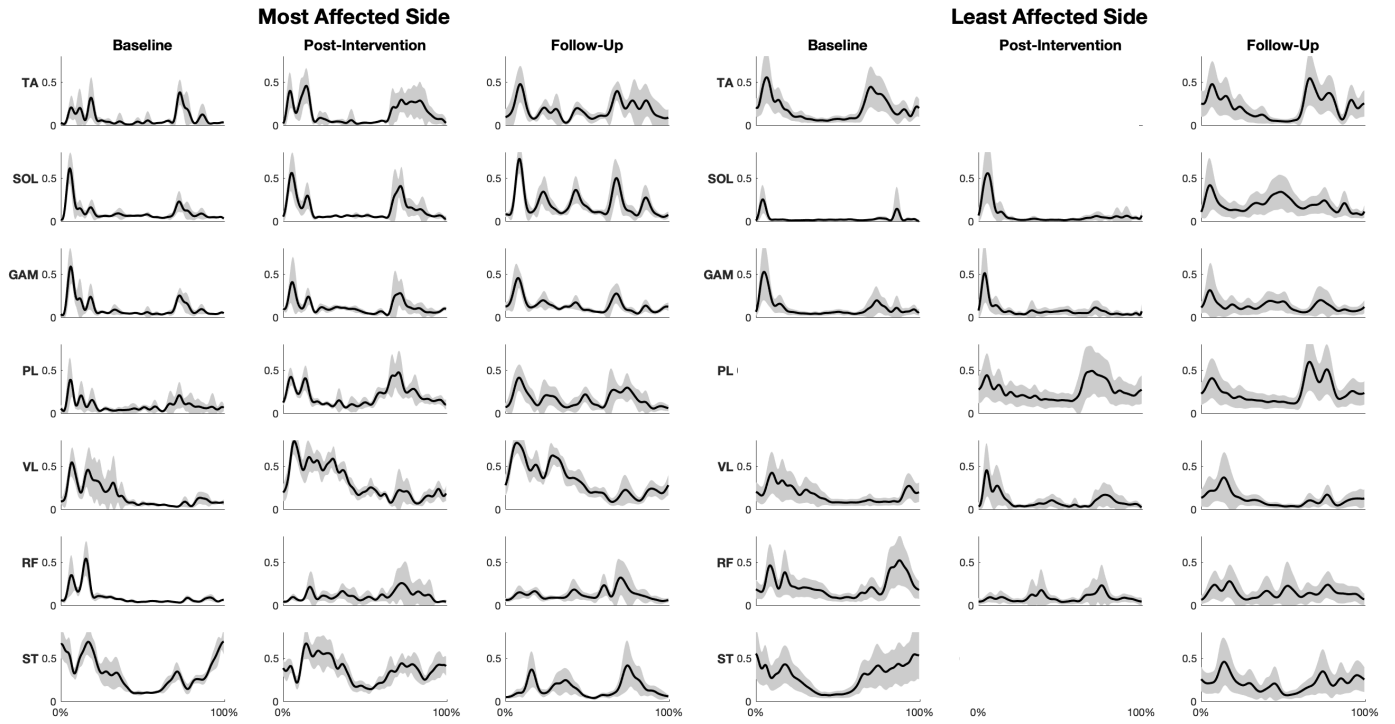


Fig. S4. EMG of the most affected side (A) and least affected side (B) leg muscles of participant 4 during the baseline, post-intervention and follow-up measurements. 0 - 100% gait cycle starting at initial contact. Empty plots indicate muscles that were not recorded properly due to technical issues and were thus excluded from the analysis. (*TA*, tibialis anterior; *SOL*, soleus; *GAM*, gastrocnemius medialis; *PL*, peroneus longus; *VL*, vastus lateralis; *RF*, rectus femoris; *ST*, semitendinosus)

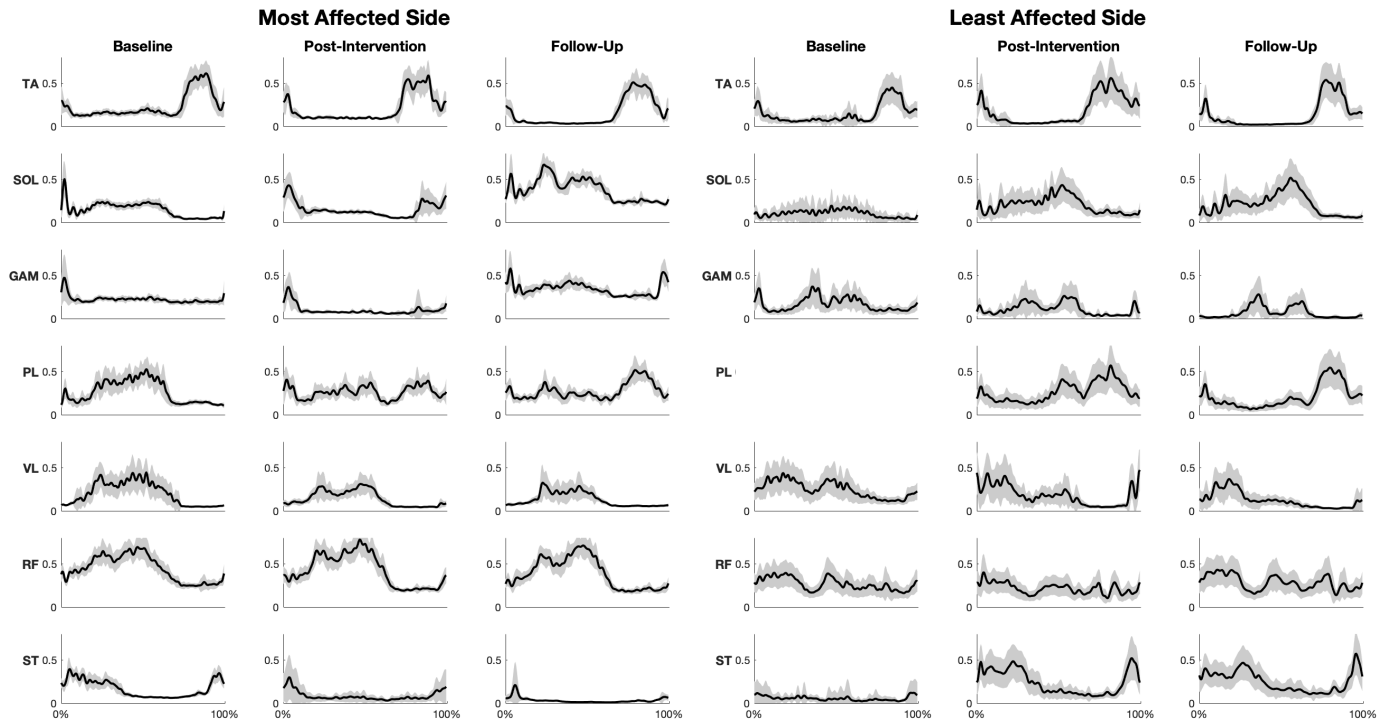


Fig. S5. EMG of the most affected side (A) and least affected side (B) leg muscles of participant 5 during the baseline, post-intervention and follow-up measurements. 0 - 100% gait cycle starting at initial contact. Empty plots indicate muscles that were not recorded properly due to technical issues and were thus excluded from the analysis. (*TA*, tibialis anterior; *SOL*, soleus; *GAM*, gastrocnemius medialis; *PL*, peroneus longus; *VL*, vastus lateralis; *RF*, rectus femoris; *ST*, semitendinosus)

