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	A. Was the method of randomization adequate?	B. Was the treatment allocation concealed?	C. Were the groups similar at baseline regarding the most important prognostic indicators?	D. Was the patient blinded to the intervention?	E. Was the care provider blinded to the intervention?	F. Was the outcome assessor blinded to the intervention?	G. Were cointerventions avoided or similar?	H. Was the compliance acceptable in all groups?	I. Was the drop-out rate described and acceptable?	J. Was the timing of the outcome assessment in all groups similar?	K. Did the analysis include an intention-to-treat analysis?	Total
Beekhuizen & Field-Fote (2005)	1	1	1	N/A	N/A	0	0	0	0	1	1	5
Beekhuizen & Field-Fote (2008)	1	0	0	N/A	N/A	0	0	0	0	1	0	2
Dimbwadyo-Terrer (2016)	1	1	1	N/A	N/A	1	1	1	1	1	1	9
Frullo (2017)	0	0	1	N/A	N/A	0	0	0	1	1	0	3
Glinsky (2008)	1	1	1	N/A	N/A	1	1	0	1	1	1	8
Glinsky (2009)	1	1	1	N/A	N/A	1	1	1	1	1	1	9
Harvey (2017)	1	1	1	N/A	N/A	1	1	1	1	1	1	9
Kim (2019)	1	1	1	N/A	N/A	1	1	1	1	1	1	9
Kohlmeyer (1996)	1	0	1	N/A	N/A	1	0	0	0	0	0	3
Needham-Shropshire (1997)	1	0	1	N/A	N/A	1	0	1	1	1	0	6
Spooren (2011)	0	0	1	N/A	N/A	0	1	1	1	1	1	6
	1. Were there clear criteria for inclusion in the case series?	2. Was the condition measured in a standard, reliable way for all participants included in the case series?	3. Were valid methods used for identification of the condition for all participants included in the case series?	4. Did the case series have consecutive inclusion of participants?	5. Did the case series have complete inclusion of participants?	6. Was there clear reporting of the demographics of the participants in the study?	7. Was there clear reporting of clinical information of the participants?	8. Were the outcomes or follow up results of cases clearly reported?	9. Was there clear reporting of the presenting site(s)/clinic(s) demographic information?	10. Was statistical analysis appropriate?		Total
Cortes (2013)	1	1	1	0	0	1	0	1	1	1		7
Francisco (2015)	1	1	1	0	0	1	1	1	1	1		8
Osuagwu (2020)	1	1	1	0	0	1	0	1	1	1		7
Zariffa (2012)	1	1	1	0	0	1	0	1	1	0		6